# PUNGGOL COVE

PRIMARY SCHOOL



TO SERVE TO LEAD

Ref No: PCPS 2023/178

26 September 2023

Dear Parents/ Guardians,

# SCHOOL HEALTH VISIT FOR PRIMARY 1 TO 6 STUDENTS

1. Health Promotion Board (HPB) will be conducting the annual school health visit at the school from **Monday, 30 October 2023 to Tuesday, 7 November 2023**. During this visit, age-appropriate health screening and/or immunisation services will be provided for your child/ ward as required.

Educational Levels	Services
Primary 1	<ul> <li>Vision screening (Eyesight test)</li> <li>3D vision screening</li> <li>Growth &amp; development assessment</li> <li>Hearing screening</li> <li>Immunisation if required</li> </ul>
Primary 2, 3 and 4	<ul> <li>Screening (Vision screening)</li> <li>Height and BMI for selected students</li> </ul>
Primary 5	<ul> <li>Colour vision screening</li> <li>Growth &amp; development assessment</li> <li>Spinal screening for scoliosis<sup>#</sup> (girls only)</li> <li>Immunisation</li> </ul>
Primary 6	<ul> <li>Spinal screening for scoliosis<sup>#</sup> (girls only)</li> <li>Height and BMI for selected students</li> </ul>

<sup>#</sup> Female students will be briefed before the check-up for scoliosis is done for each student in an enclosed area for privacy. During the check-up, the female student will be asked to show her back to the female doctor or nurse before being asked to remove her top and brassiere. Your child's/ward's back will be examined from behind while standing upright and while bending forward so that the doctor or nurse can screen for abnormal curvature of the backbone. If further assessment is required, your child/ward will be referred to the Student Health Centre.

- 2. Please access the following websites for more information on:
  - Immunisations offered to primary school students <u>Student Immunisation</u>
  - Screening services offered to primary school students <u>Health Screening for Primary School</u> <u>Students</u>
- 3. Please note that all Primary 5 students will receive a home vision screening sheet for parentadministered vision assessments. Do note that this assessment is an estimate of your child's/ ward's visual acuity and is not a substitute for an eye examination by an optometrist or ophthalmologist.
- 4. Following the school health visit, you may access your child's/ ward's School Health Assessment Summary via SingPass login at <a href="https://www.healthhub.sg/HealtheServices">https://www.healthhub.sg/HealtheServices</a> .
- 5. If you do not wish your child/ ward to undergo HPB's annual health screening in school, please contact <u>Contact YPS@hpb.gov.sg</u>.

## Additional Information for Primary 1 and Primary 5 Students

### **Medical Information and Immunisation Consent**

6. Please access the <u>Child Consent Portal</u> via SingPass login to update your child's/ ward's medical information and **provide consent for immunisation**. Please note that immunisation will only be administered to your child if required. *No further action is needed if this has been previously submitted in early 2023 or there is no update.* 

### **Health Booklet Submission**

- 7. The HPB requires the health booklet for students in Primary 1 and Primary 5 to be submitted. Kindly **submit the health booklet** to your child's/ ward's Form Teacher **by Friday, 13 October 2023**.
- 8. If you have further queries about the information above, please contact our Administrative Executive, Mr Qairil Fahri Bin Sapari, at Tel: 63857339 or email to punggolcove\_ps@moe.edu.sg.

Thank you.

Yours faithfully,

Mrs Teo Whye Choo Principal