



Ref No: PCPS 2024/012

3 January 2024

Dear Parents / Guardians,

REMINDER: PRIMARY 6 SWIMSAFER 2.0 PROGRAMME 2024

1. The SwimSafer 2.0 Programme for P6 students will commence on Monday, 8 January 2024.
2. Teachers will accompany the classes to the swimming complexes. The details of the programme are as follows:

Venue	Bishan Swimming Complex	Our Tampines Hub Swimming Complex
Time	2.00 p.m. – 4.45 p.m.	
Classes	<ul style="list-style-type: none">• 6 Amber• 6 Diamond• 6 Emerald	<ul style="list-style-type: none">• 6 Jade• 6 Ruby
Day/Dates	<ul style="list-style-type: none">• Session 1: 08 January 2024• Session 2: 15 January 2024• Session 3: 22 January 2024• Session 4: 29 January 2024• Session 5: 05 February 2024• Session 6: 19 February 2024• Session 7: 26 February 2024• Session 8: 04 March 2024	
Mondays		

3. Students will be given a lunch break from 1.30 p.m. to 2.00 p.m. before leaving for their swimming lessons.
4. Students will be dismissed from the school at about 4.45 p.m. Please make the necessary transport arrangement for your child/ward if he/she is participating in the programme.
5. The programme fee is fully funded by the school.

6. **Items to bring for Swimming Lessons (to be packed inside a small bag)**

- a) Swimming trunks/costume
- b) Goggles
- c) Towel
- d) Water bottle
- e) Raincoat/poncho
- f) Inhaler (for students with asthma)
- g) Sunblock lotion/ cream
- h) Slippers
- i) A plastic bag (to contain the wet items after the swimming lesson)
- j) Mask & container/resealable plastic bag

Please ensure that your child's personal belongings (including all swimming gear and PE attire) are labelled clearly with his/her name and class. You may want to use a waterproof or permanent marker to do this.

7. **Instructions for Swimming Lessons**

- a) Please ensure that your child has proper swimming trunks/costume and goggles.
- b) Students will change into their swimming trunks/costumes during lunchtime. They will then wear their school PE attire over the swimming attire.
- c) After the swimming lessons, students will have a quick rinse and change back into their PE attire at the swimming pool.
- d) To ensure the safety of every student, we strongly urge you to remind your child on the following safety precautions:
 - Students should wear proper swimming trunks/costumes.
 - Listen and follow instructions from swimming instructors and teachers.
 - No student should leave the pool without permission.
 - Running alongside the pool deck is not allowed.
 - Pushing friends into the pool is not allowed.
 - No student should be allowed in the water until permission is granted by the swimming instructors.
 - Students should not swim if they have any foot or skin infection.
 - Students should not swim if they are unwell.

8. Should you have any queries, feel free to contact Mdm Lynn Lee, our SwimSafer Teacher Coordinator, at Tel: 63857339 or via email at lynn_lee_wen_lin@schools.gov.sg.

Thank you.

Yours sincerely,



Mrs Teo Whye Choo
Principal