# **PUNGGOL COVE**

PRIMARY SCHOOL



## TO SERVE TO LEAD

Ref No: PCPS 2024/011

3 January 2024

Dear Parents / Guardians,

#### **REMINDER: PRIMARY 3 SWIMSAFER 2.0 PROGRAMME 2024**

- 1. The SwimSafer 2.0 Programme for P3 students will commence in Term 1 Week 2.
- 2. Teachers will accompany the classes to the swimming complexes. The details of the programme are as follows:

Venue	Sengkang Swimming Complex	Our Tampines Hub Swimming Complex
Time	12.00 p.m. – 3.20 p.m.	
Classes	<ul> <li>3 Amber</li> <li>3 Emerald</li> <li>3 Jade</li> <li>3 Opal</li> </ul>	<ul> <li>3 Coral</li> <li>3 Diamond</li> <li>3 Pearl</li> </ul>
Day/Dates	TuesdaySession 1: 9 January 2024Session 2: 16 January 2024Session 3: 23 January 2024Session 4: 30 January 2024Session 5: 6 February 2024Session 6: 20 February 2024Session 7: 27 February 2024Session 8: 5 March 2024	Thursday Session 1: 11 January 2024 Session 2: 18 January 2024 Session 3: 25 January 2024 Session 4: 1 February 2024 Session 5: 8 February 2024 Session 6: 22 February 2024 Session 7: 29 February 2024 Session 8: 7 March 2024

- 3. Students will be given a lunch break from 11.30 p.m. to 12.00 p.m. before leaving for their swimming lessons.
- 4. Students will be dismissed from the school at about 3.20 p.m. Please make the necessary transport arrangement for your child/ward if he/she is participating in the programme.
- 5. The programme fee is fully funded by the school.

### 6. Items to bring for Swimming Lessons (to be packed inside a small bag)

- a) Swimming trunks/costume
- b) Goggles
- c) Towel
- d) Water bottle
- e) Raincoat/poncho
- f) Inhaler (for students with asthma)
- g) Sunblock lotion/ cream
- h) Slippers
- i) A plastic bag (to contain the wet items after the swimming lesson)
- j) Mask & container/resealable plastic bag

Please ensure that your child's personal belongings (including all swimming gear and PE attire) are labelled clearly with his/her name and class. You may want to use a waterproof or permanent marker to do this.

## 7. Instructions for Swimming Lessons

- a) Please ensure that your child has proper swimming trunks/costume and goggles.
- b) Students will change into their swimming trunks/costumes during lunchtime. They will then wear their school PE attire over the swimming attire.
- c) After the swimming lessons, students will have a quick rinse and change back into their PE attire at the swimming pool.
- d) To ensure the safety of every student, we strongly urge you to remind your child on the following safety precautions:
  - Students should wear proper swimming trunks/costumes.
  - Listen and follow instructions from swimming instructors and teachers.
  - No student should leave the pool without permission.
  - Running alongside the pool deck is not allowed.
  - Pushing friends into the pool is not allowed.
  - No student should be allowed in the water until permission is granted by the swimming instructors.
  - Students should not swim if they have any foot or skin infection.
  - Students should not swim if they are unwell.
- 8. Should you have any queries, feel free to contact Mdm Lynn Lee, our SwimSafer Teacher Coordinator, at Tel: 63857339 or via email at lynn\_lee\_wen\_lin@schools.gov.sg.

Thank you.

Yours sincerely,

Mrs Teo Whye Choo Principal