



# Meet-The-Parents Session (Primary 3) Principal's Address

19 Feb 2021

NO NEED TO TAKE NOTES- slides will be uploaded on the school website

# School Leaders

## Principal

Mrs Cheng Huey Teng

## Vice-Principals

Mdm Siti Nazrah (VPEO)

Mdm Magella Tan (VPA)



# Key Personnel

HOD/EL	– Ms Grace Lee
LH/EL	– Ms Soh Chern Hui
HOD/Math	– Mdm Jiang Caiwei
LH/Math	– Ms Yong Yun Yun
HOD/Science	– Mdm Salmi Rahmat
HOD/MTL	– Ms Zhang Fangfang
SH/ML&TL	– Mr K Parathi
HOD/CCE	– Mrs Corinna Foo
SH/Stdnt Ldrshp & Well-being	– Ms Kris Chan
HOD/PE & CCA	– Mr Ban Choon Kwee
SH/CCA & Aesthetics	– Ms Haryati Ariffin
HOD/ICT	– Mrs Peh Jing Er
SH/Knowledge Mgt	– Mr Hoo Chee Mun
SH/Innovation	– Mr Seow Tian Hou
School Staff Developer	– Mdm Stephanie Chong

YH / Lower Primary	– Mdm Deon Yeo
YH/ Middle Primary	– Mdm Nur Iffah
YH /Upper Primary	– Mrs Suzanna Bambang
ST/Lower Primary	– Mrs Celestine Lim
ST/SEN	– Mdm Nooradelin
ST/Math	– Mrs Juliana Rozale
ST/EL	– Mrs Rajeswary
ST/PE	– Mr Mohamed TaufEEK
ST/Science	– Mdm Maybelline Tan
Operations Manager	– Mr Philip Ho
Administration Manager	– Mdm Shirrin Bano
	Ms Yvonne Lee
Administrative Executive	-- Mdm Tay Suan Zee
	Mr Jasri Bahari
ICT Manager	– Mr Mohamad Fahd



# Year Heads and Assistant Year Heads

P1 – Ms Dhashayani (AYH)	<b>YH (Lower Pr)</b>
P2 – Mrs Christina Chan (AYH)	<b>Mdm Deon Yeo</b>
P3 – Mdm Aznani (AYH)	<b>YH (Middle Pr)</b>
P4 – Mdm Siti Aisyah (AYH)	<b>Mdm Nur Iffah</b>
P5 – Mr Muhammad Khairil (AYH)	<b>YH (Upper Pr)</b>
P6 – Miss Faradillah (AYH)	<b>Mrs Suzanna Bambang</b>

# Content Outline

- School Mission, Vision, Values and Motto
- Environmental Conservation
- CCA Participation & Direct School Admission (DSA)
- Cyber Wellness (use of technology):  
Monitoring Screen Time





# School Mission

To instil the love for learning and nurture all-round individuals, grounded by values

## School Vision

**Learners with Passion**



**Citizens of Honour**



School Motto



# SCHOOL VALUES

**Patriotism our anchor**

**Resilience and Discipline in learning**

**Integrity the foundation**

**Empathy in words and deeds**

P - We exercise responsibility towards our family, school, community and nation

R & D - We welcome challenges as opportunities for learning and embrace learning as a way of life

I - We demonstrate moral courage and uprightness, being consistent in word and deed

E - We practise Servant Leadership, seeking to serve others through teamwork and personal involvement





School **Motto**





# Since 2020...

- We serve to save the Earth, by
  - reducing waste
  - Reducing the use of disposables
  - using re-usable containers, utensils, water bottles, carriers, ...

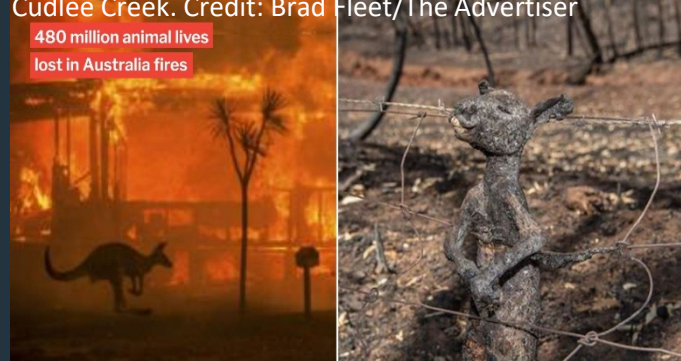


# The Urgency to Save the Earth

## Australia Bushfire Tragedy 2019 – 2020

A tiny kangaroo, scorched by the blaze that tore through Cudlee Creek. Credit: Brad Fleet/The Advertiser

480 million animal lives  
lost in Australia fires



Thousands of people have been driven from their homes  
<https://www.bbc.com/news/world-australia-50365131>

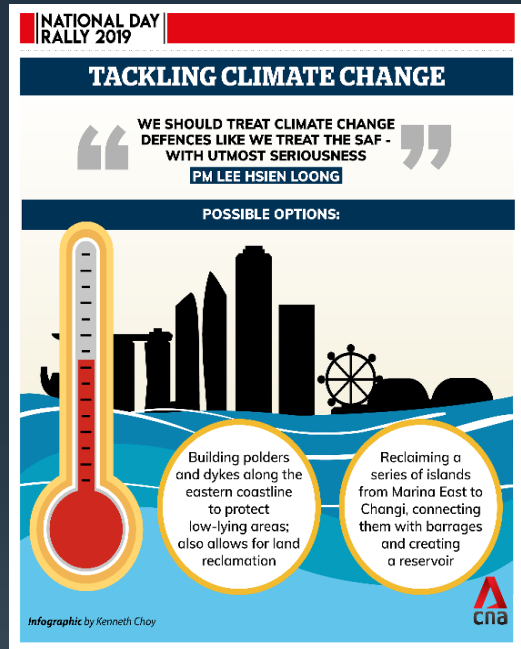
## Jakarta flood 2020

A baby is evacuated by a rescue team after floods hit a residential area in Tangerang, near Jakarta, Indonesia, Jan 2020 (Antara Foto via Reuters)



<https://www.voanews.com/east-asia-pacific/thousands-shelters-indonesia-flood-death-toll-hits-60>

Rising sea level threatens people and infra structure along coastal lines





## Our Reponse: No-disposable school

- If parents are packing food for their children, the food is to be contained in reusable containers.
- For ordering of takeaway food from the school canteen, teachers and students must bring their own reusable food containers



Take Action Today for a Sustainable Future – Reduce Our Carbon Footprint

# CCA & DSA

- **All** students should join a CCA from P3 onwards
- **Character development** is infused through CCA Lessons powerfully
- **Direct-School Admission (DSA)** – CCA provides an avenue for talented students to apply directly to their choice of secondary school to further develop their talent <https://www.moe.gov.sg/secondary/dsa>
  - Based on students' **talents** and **achievements**
  - Application is **centralized** via the DSA Portal
  - **P5 and P6 results** and **CCA records** will be ported over directly from School Cockpit
- Students are to **remain in their CCA from P4 till P6**



# CCA

- Sports
  - Basketball
  - Track & Field
  - Wushu
  - Multi-sports
- Performing Art
  - Guitar Ensemble
  - Modern Dance
  - Choir
- Clubs
  - Art Club
  - Tech Club



# Cyber Wellness

## IS MY CHILD READY FOR A SMARTPHONE?



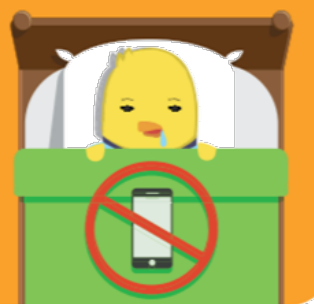
### DOES MY CHILD OFTEN LOSE THINGS?

If your child often misplaces their homework, backpack, or allowance, they might be too young to take care of a (likely expensive) smartphone, and you might want to wait for them to show more responsibility with their belongings.

### IS MY CHILD ABLE TO STICK TO THE HOUSE RULES I HAVE SET?

If your child can't obey the rules you set in their offline lives on daily matters like homework or bedtime, they might not be prepared to handle more complicated family rules for their smartphone use.

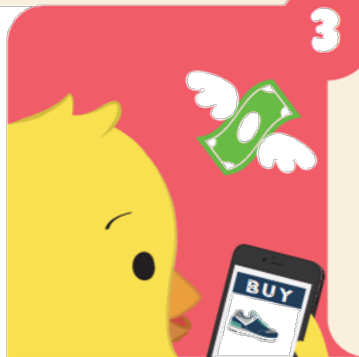
2



### CAN MY CHILD STAND UP TO PEER PRESURE?

Although a smartphone can help a child socialise, be wary if your child wants one just because all their friends have one. It's important that your child is not pressured into making choices, like sexting or cyber-bullying, to 'fit in'. You can also consider contacting the parents of your child's friends to check if they really do have their own phones, and if they have any rules for using them.

3



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## IS MY CHILD ATTENTIVE IN CLASS?

A smartphone can be a distraction. Check whether your child keeps up with their schoolwork and pays attention in class. If they don't, a smartphone might be just one more distraction for them to play with.

4



# Cyber Wellness



**How do you help your child protect personal data online?**



Being true to yourself expressing self as who you are, not for gaining attention

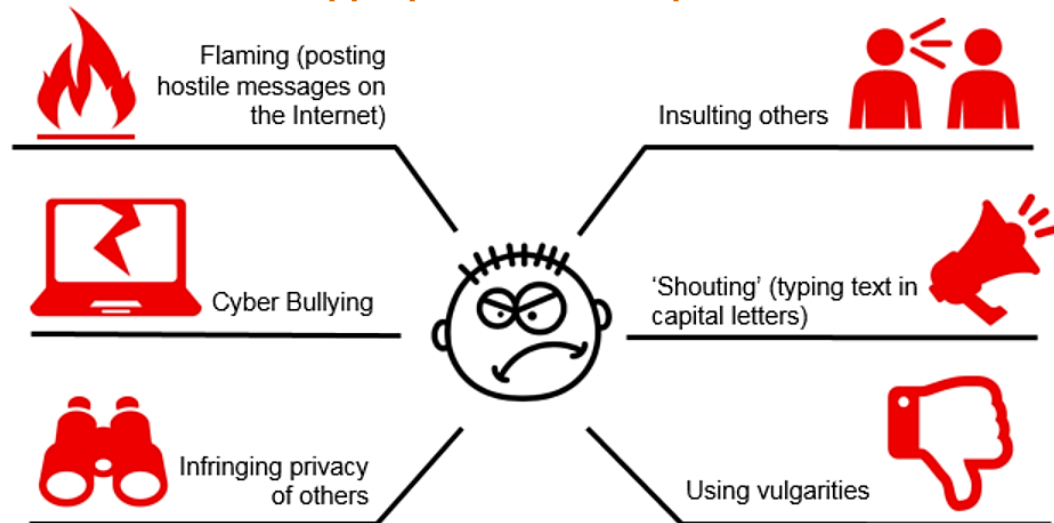


Disclosing private and personal information.  
Setting strong passwords.



Not uploading/send photos that can be used against you via electronic means (e.g. Whatsapp)

**How do you help your child with appropriate online expression?**





## Signs of Excessive Use of Internet



Constantly listens out for the phone when away from it; feels distressed when it cannot be found



Wakes up in the middle of the night to use the phone; sleep deprivation



Feels irritable or anxious when not allowed to use the Internet



Experiences health issues such as obesity, muscle and joint ache



Goes online to escape from stress



Keeps spending more money on online activities



Lies about time spent online to family and friends



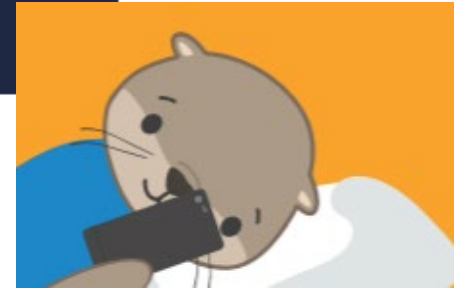
Gives up or replaces social events or hobbies for Internet use



Performs poorly in school due to inability to focus

# Cyber Wellness

HOW MUCH TIME SHOULD MY CHILD  
SPEND STARING AT SCREENS?



Brain-imaging research shows that glowing screens, like your phone or iPad, stimulate the brain's pleasure centre, literally making you feel better and happier. This is what makes screens so addictive even for adults – this effect is then **heightened for kids** who cannot cope with that level of mental stimulation.

# Screen time lower brain development in children



**IS E-LEARNING  
DUMBING DOWN KIDS?**

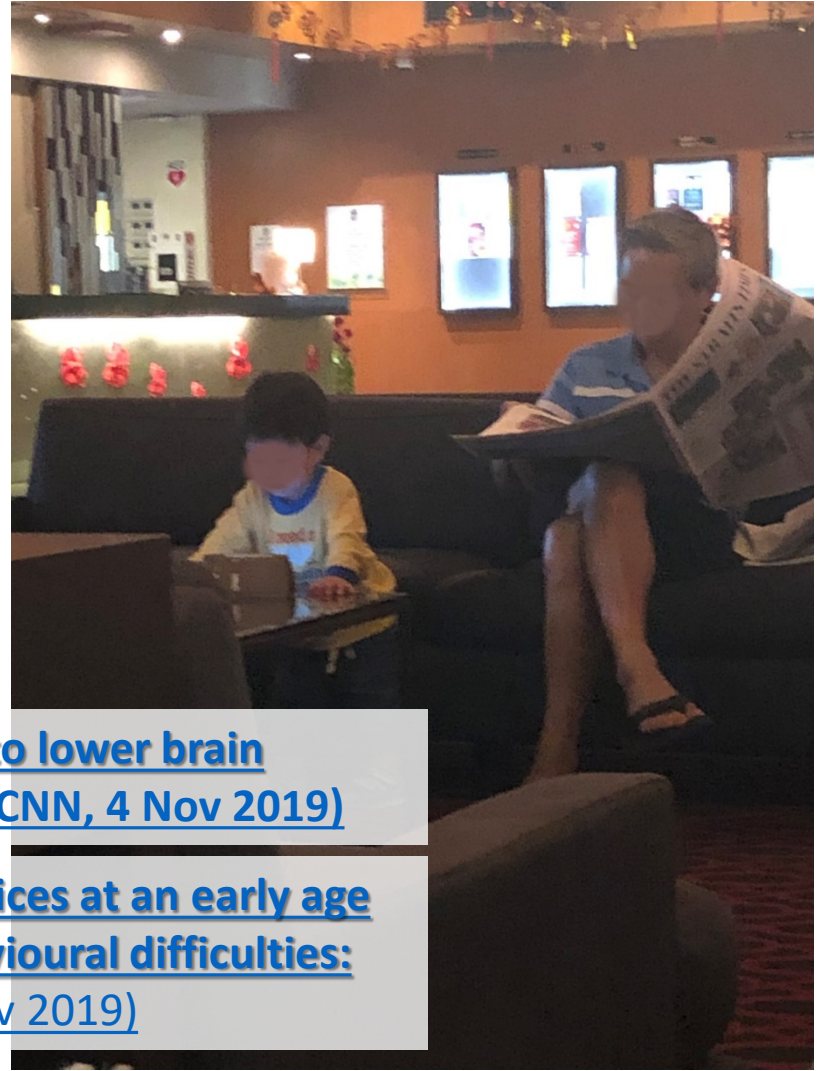
<https://youtu.be/KZ5YvSmX7io> <-- Video Link

# Screen time lower brain development in children



**MRIs show screen time linked to lower brain development in preschoolers (CNN, 4 Nov 2019)**

**Children exposed to digital devices at an early age may have emotional and behavioural difficulties: Study (TODAY Singapore, 12 Nov 2019)**





# Screen time lower brain development in children



Replace screen time with play time  
Give your children concrete toys, e.g.  
water, sand, blocks, board games, etc





# Mind-sets

- Mind-sets are formed in young children and they are Deep-Rooted
- The formation of mind-sets is very subtle, and affect their lives.
- What mind-sets are being formed in your children when...
  - you bring them overseas during term time?
  - you do homework for them?
  - you rescue them from the consequences of their lapses? (sense of responsibility)
  - you conceal or rationalise their wrong doings?



To develop the mind-set that  
schooling is important,

*Send your child to school  
on **EVERY** school day*





# Thank You

