

Terms and Conditions

Thank you for your interest in the Families for Life "I Still Do Couple Quest".

Kindly note that the Couple Quest will start from **24 February 2024 to 31 May 2024**, both dates inclusive ("Quest Period"). The Couple Quest is limited to the **first 720 couples** who complete a marriage programme **within the stipulated "Quest Period"**.

How to Participate

1. Register for a marriage programme and ensure the programme's run end date falls within the "Quest Period".
 - For a list of eligible programmes¹, please see [Annex A](#) for marriage preparation programmes for soon-to-weds/newlyweds and [Annex B](#) for marriage enrichment programmes for couples who have been married for more than 2 years.
2. **Attend and complete the marriage programme together** as a couple **by 31 May 2024** (i.e. the last session of the programme should end on **or before 31 May 2024**).
3. **Submit** your programme completion details **by 31 May 2024**, using the [FFL's Completion Form](#).
 - Please note that **only 1 submission per couple** is required. Duplicate/ multiple entries **will not** be entertained.
 - Late entries and/or entries submitted via email to Service Provider/ FFL, **will not** be accepted.

Quest Prize

1. First 720 couples who signed up **and** complete a marriage programme¹ within the "Quest Period", **and** submit their completion details via the [FFL's Completion Form](#) **before 31 May 2024**, will receive a **"\$50 shopping voucher"** (per couple).
2. In addition, couples will be entitled to an **additional \$30 shopping voucher** (per couple) should they share their testimonials (e.g. how they benefited from the programme) with us on the form. We will be posting these testimonials on our FFL social media.
 - a. Couples will need to submit their testimonial and consent to their first names being mentioned on our FFL social media when submitting their completion details via the [FFL's Completion Form](#) **before 31 May 2024** to qualify;
 - b. **Only the first 30 couples will qualify for the additional \$30 shopping voucher.**
3. Redemption details of vouchers will be sent to the couples who qualified, via their registered email address.
4. Details on the Participating Merchants, where and how to use the vouchers, can be found [here](#).

Disclaimer

Families for Life reserves the right in its sole discretion to cancel, modify or suspend the Quest or any part thereof at any time or re-schedule the dates of the Quest or extend the Quest Period.

For further clarifications, please email marriage-programmes@msf.gov.sg.

¹ Marriage programmes where attendance is mandatory or required are not eligible for participating in the I Still Do Couple Quest

List of Eligible Marriage Preparation Programmes for Soon-to-weds/Newlyweds

Marriage Preparation Programmes under \$140 Rebate Scheme (Civil Marriages)

S/N	Programme	Service Provider	Contact Details
1	Prevention and Relationship Education Programme (PREP)	Careworks Community Services	Tel: 6293 4394 Email: ccs@cplink.org.sg Website: http://www.careworks.sg
		Cornerstone Community Services	Tel: 6344 8063 Email: familylife@cornerstoneservices.org.sg Website: https://www.cornerstoneservices.org.sg/
		Family Central – A Service by Fei Yue Community Services	Tel: 6734 1401 Email: familycentral@fyccs.org Website: www.family-central.sg/marriage-support-programmes/
		Morning Star Community Services	Tel: 6285 1377 Email: training@morningstar.org.sg Website: www.morningstar.org.sg/event-category/workshops/for-individuals/
		TOUCH Community Services	Tel: 6709 8410 Email: familylife@touch.org.sg Website: www.touch.org.sg/events-overview/schedule

Marriage Preparation Programmes under \$70 Rebate Scheme

S/N	Programme	Service Provider	Contact Details
Civil marriages			
1	Alive Marriage Preparation	Alive Community Network	Tel: 6372 1053 Email: enquiry@alive.org.sg Website: www.alive.org.sg
2	Prepare / Enrich	Careworks Community Services	Tel: 6293 4394 Email: ccs@cplink.org.sg Website: www.careworks.sg
3	Couple Builder Programme	Catholic Family Life	Tel: 6488 0278 Email: cfl@familylife.sg Website: https://www.familylife.sg
4	Marriage Preparation Programme	Eagles Mediation & Counselling Centre	Tel: 6788 8220 Email: training@emcc.org.sg Website: https://emcc.org.sg
5	Together Forever	Family Central – A Service by Fei Yue Community Services	Tel: 6734 1401 Email: familycentral@fyccs.org Website: www.family-central.sg/marriage-support-programmes/
6	Connect2	Focus on the Family Singapore Ltd	Tel: 6336 1444 Email: focus@family.org.sg Website: https://www.family.org.sg
7	It takes more than 2	Hearty Care Centre	Tel: 6715 8876 Email: heartycare@hcc.org.sg Website: https://www.sbws.org.sg
8	One, Two, Three or Six?	REACH Counselling	Tel: 6801 0730 Email: counselling@reach.org.sg Website: https://www.reach.org.sg
9	Marriage Preparation Programme	TOUCH Community Services	Tel: 6709 8410 Email: familylife@touch.org.sg

			Website: www.touch.org.sg/events-overview/schedule
Muslim Marriages			
10	Cinta Abadi Marriage Preparation Programme (CA Prep) ²	APKIM Resources	Tel: 6295 1011 Email: info@apkim.com Website: www.apkim.sg
		Prowise Consultancy Pte. Ltd.	Tel: 6589 8455 / 9145 1182 Email: prowise2005@gmail.com Website: www.prowisempc.com
		SP Management Consultant	Tel: 9365 0490 Email: spmc@sapphirepearl.com.sg Website: www.sapphirepearl.com.sg
		Bio Dew Management International & Institute (BDMI)	Tel: 9188 0610 Email: marriage@bdmi.sg Website: www.bdmi.sg

Online Prevention and Relationship Education Programme (ePREP)

S/N	Service Provider	Contact Details
1	Allkin Singapore	Tel: 6351 0610 Email: famforlife@allkin.org.sg Website: https://www.allkin.org.sg/services/marriage-and-parenting-support
2	Fei Yue Community Services	Tel: 97914100 Email: FFLC@fyys.org Website: https://fyys.org/marriage/
3	Care Corner Singapore	Tel: 69784090 Email: ffl@carecorner.org.sg Website: https://www.carecorner.org.sg/services/marriage-support/

² Couples who are notified by the relevant government agencies that they are required to attend a marriage preparation programme are not eligible for I Still Do Quest.

Marriage Preparation Programme for Young³ Couples (Civil Marriage)

S/N	Service Provider	Contact Details
1	Strengthening Families Programme@Family Service Centre (Care Corner – Tampines)	Tel: 6258 0020 Email: FAM.TM@carecorner.org.sg Website: https://www.carecorner.org.sg/services/marriage-support/
2	Strengthening Families Programme @Family Service Centre (Fei Yue – Choa Chu Kang)	Tel: 9750 8810 / 6769 0430 Email: FAM@fyys.org Website: https://fyys.org/marriage/

Marriage Preparation Programme for Young² Muslim Couples

S/N	Service Provider	Contact Details
1	INSPIRASI@AMP - Centre for Marriage Preparation and Enrichment for Young Muslim Couples	Tel: 6416 3960 / 6416 3961 Email: helpliners@amp.org.sg
2	INSPIRASI PPIS - Centre for Marriage Preparation and Enrichment for Young Muslim Couples	Tel: 6561 1049 Email: inspirasi@ppis.sg

Remarriage Preparation Programme for Muslim Couples

S/N	Service Provider	Contact Details
1	PPIS Vista Sakinah – Centre for Remarriages and Stepfamilies	Tel: 6891 3090 Email: vistasakinah@ppis.sg

³ Couples where groom is aged 21 to below 25 years and brides are aged 21 years and above.

List of Eligible Marriage Enrichment Programmes for Couples Married for More than 2 years)

Prepare / Enrich Marriage Enrichment Programme (Civil and Muslim marriages)

S/N	Service Provider	Contact Details
1	Allkin Singapore	Tel: 6351 0610 Email: famforlife@allkin.org.sg Website: https://www.allkin.org.sg/services/marriage-and-parenting-support
2	Fei Yue Community Services	Tel: 97914100 Email: FFLC@fyys.org Website: https://fyys.org/marriage/
3	Care Corner Singapore	Tel: 69784090 Email: ffl@carecorner.org.sg Website: https://www.carecorner.org.sg/services/marriage-support/

Cinta Abadi Marriage Enrichment Programme (CA Enrich) (Muslim marriages)

S/N	Service Provider	Contact Details
1	Al-Istighfar Mosque	Tel: 6426 7130 / 6583 8722 Email: alistighfar@alistighfar.mosque.org.sg Website: www.alistighfar.com
2	Alkaff Kampung Melayu Mosque	Tel: 6242 7244 Email: inbox@alkaffkm.mosque.sg Website: -
3	An-Nur Mosque	Tel: 6363 1383 Email: annur@annur.mosque.org.sg Website: www.annurmosque.sg
4	Bio Dew Management International & Institute (BDMI)	Tel: 9188 0610 Email: marriage@bdmi.sg Website: www.bdmi.sg
5	Darussalam Mosque	Tel: 6777 0028 Email: feedback@darussalam.mosque.org.sg Website: https://darussalam.mosque.org.sg/
6	Darul Ghufuran Mosque	Tel: 6786 5545 Email: helpdesk@ghufuran.mosque.org.sg Website: www.darulghufuran.org
7	Prowise Consultancy Pte. Ltd.	Tel: 6589 8455 / 9145 1182 Email: prowise2005@gmail.com Website: www.prowisempc.com