

List of Strengthening Families Programme@Family Service Centres (FAM@FSCs), Divorce Support Specialist Agencies (DSSAs) and Muslim Marriage Support Agencies

More info on the services and programmes offered can be found [here](#).

FAM@FSC centres:

S/N	Areas Served	Centre	Marriage	Divorce	Family Counselling	Contact Details	Address
1	Bukit Batok, Bukit Panjang, Choa Chu Kang	Strengthening Families Programme@Family Service Centre (Fei Yue – Choa Chu Kang)	✓	✓	✓	Tel: (65) 6235 5229/9072 9698 Email: FAM@fyccs.org	Block 281 Choa Chu Kang Avenue 3 #01-348 Singapore 680281
2	Pasir Ris, Punggol, Tampines	Strengthening Families Programme@Family Service Centre (Care Corner – Tampines)	✓	✓	✓	Tel: (65) 6258 0020 Email: FAM.TM@carecorner.org.sg	Block 287 Tampines Street 22 #01-366 Singapore 520287
		Strengthening Families Programme@Family Service Centre (Care Corner – Eunos)		✓	✓	Tel: (65) 6258 0020 Email: FAM.EN@carecorner.org.sg	Block 21 Eunos Crescent #01-2983 Singapore 400021
3	Sembawang, Woodlands	Strengthening Families Programme@Family Service Centre (Care Corner - Woodlands)		✓	✓	Tel: (65) 6978 4090 Email: FAM.WL@carecorner.org.sg	Block 718 Woodlands Avenue 6 #01-658 Singapore 730718

4	Ang Mo Kio, Yishun	Strengthening Families Programme@Family Service Centre (Allkin– Ang Mo Kio) [previously known as AMKFSC]		✓	✓	Tel: (65) 6351 0610 Email: FAM@allkin.org.sg	Block 304 Ang Mo Kio Avenue 1 #01-1143- 1147 Singapore 560304
5	Boon Lay, Taman Jurong	Strengthening Families Programme@Family Service Centre (Thye Hua Kwan – Commonwealth)		✓	✓	Tel: (65) 6357 9188 Email: FAM@thkmc.org.sg	Block 54 Commonwealth Drive #01-566 Singapore 142054
6	Bukit Merah, Kreta Ayer	Strengthening Families Programme@Family Service Centre (Montfort Care)		✓	✓	Tel: (65) 6100 2150 Email: FAM@montfortcare.org.sg	Block 28 Telok Blangah Rise #01-219, Singapore 090028
7	Hougang, Sengkang, Serangoon	Strengthening Families Programme@Family Service Centre (Methodist Welfare Services - Buangkok)		✓	✓	Tel: (65) 6330 1080 Email: FAM@mws.sg	Block 997B Buangkok Crescent #01-853 Singapore 532997
	Jalan Besar, Toa Payoh	Strengthening Families Programme@Family Service Centre (Kampong Kapor Community Services - Jalan Besar)		✓	✓	Tel: (65) 6291 0032/6291 0342 Email: FAM@kkcs.org.sg	Block 351 Jalan Besar #03-05 Reliance Building Singapore 208988
8	Clementi, Jurong East, Queenstown	Strengthening Families Programme@Family Service Centre (Lakeside Family Services – Jurong East)		✓	✓	Tel: (65) 6991 3003 Email: FAM@lakeside.org.sg	Block 302 Jurong East Street 32 #01-22 Singapore 600302

9	Bedok, Geylang Serai	Strengthening Families Programme@Family Service Centre (TRANS – Bedok)		✓	✓	Tel: (65) 6547 0338 Email: FAM@trans.org.sg	Block 133 Bedok Reservoir Road #01-1205 Singapore 470133
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DSSAs:

Provides programmes and services for divorcing or divorced families.

S/n	Centre	Contact Details	Address
1	HELP Family Service Centre DSSA	Tel: (65) 6457 5188 Email: e-counsel@helpfsc.org.sg	Block 570 Ang Mo Kio Avenue 3 #01-3317 Singapore 560570
2	PPIS As Salaam Family Support Centre DSSA	Tel: (65) 6745 5862 Email: as-salaam@ppis.sg	Block 41 Chai Chee Street #01-16 Singapore 461041

Marriage Support agencies for Muslim marriages:

Provides marriage support for Muslim couples who are minors (either or both parties aged 18 to below 21) and with young grooms (groom aged 21 to below 25, bride 21 and above).

S/n	Centre	Contact Details	Address
1	INSPIRASI@AMP	Tel: (65) 6416 3960/6416 3961 Email: helpliners@amp.org.sg	1 Pasir Ris Drive 4 #05-11 Singapore 519457
2	INSPIRASI@PPIS	Tel: (65) 6561 1049 Email: inspirasi@ppis.sg	Block 322 Bukit Batok Street 33 #01-16 Singapore 650322
3	PPIS Vista Sakinah	Tel: (65) 6891 3090 Email: vistasakinah@ppis.sg	Block 549 Woodlands Drive 44, #01-86 Singapore 730549

Annex

Programme information:

Marriage Support

a. Early Marriage Support (EMS) Programme

- Marriage preparation and support programme for civil minor couples (where one or both parties are aged 18-below 21 years) and young couples (groom aged 21-below 25 and with bride aged 21 years old and above). The marriage preparation programme is mandatory for minor couples to attend before applying for marriage.
- Comprises one-to-one consultations, group marriage education workshops, and post-marriage peer support, to help couples to understand each other and to equip them with practical skills to build strong marriages.

b. Transnational Family Support Programme (TFSP)

- Marriage preparation and marriage support programmes are tailored for transnational couples.
- Covers key issues such as roles, expectations, conflict management and communication, with a cross-cultural context, and integration into Singapore society. Programme materials are provided in multiple languages, i.e. English, Chinese, Malay, Tamil, Thai and Vietnamese.
- Couples are invited to join a friendship programme which provides buddy pairing for up to 2 years to further support couples in their integration and marital stability through social activities and family life education. Those who require more support will be referred to relevant programmes and services e.g. parenting programmes, financial assistance.

c. INSPIRASI Hubs for Early Muslim Marriages

- Marriage preparation and support programme for Muslim minor couples (where one or both parties are aged 18-below 21 years) and young couples (groom aged 21-below 25 and with bride aged 21 years old and above). The marriage preparation programme is mandatory for minor couples to attend before applying for marriage.
- Comprises services for minor and young Muslim couples, including marriage preparation and enrichment, peer support, casework and counselling and referral services, and support for parents of young couples.

d. Vista Sakinah for Remarriages and Stepfamilies

- Remarriage preparation and support for Muslim remarrying couples and stepfamilies, where one or both parties have at least one dependent child (below 21 years of age).

- Comprises services for remarriages and stepfamilies, including marriage preparation and enrichment, support groups, casework and counselling and referral services. Children's programmes are also offered to support children adapt to the new family and thrive.

Divorce Support

a. Mandatory Parenting Programme

- Two-hour group consultation session for parents with at least one child below age 21. Encourages divorcing couples to make informed decisions especially with regard to their child(ren)'s well-being.
- Mandatory to attend if couples who are undergoing divorce are contesting the divorce and/or ancillary matters.

b. Children-in-Between (CiB)

- Evidence-based programme for parents and children.
- Parental component equips parents with skills to improve co-parenting cooperation for better child outcomes.
- The child component equips children with skills to cope with their feelings of being caught in the middle of parental conflicts. It is suitable for children aged 6-14 years old.

c. Parenting PACT

- Two-hour one-time consultation session for divorced parents with at least one child below age 21.
- Helps parents to understand the impact of divorce on their children, learn co-parenting strategies, practise self-care and get more information about the community support resources available.

d. Supervised Exchange and Supervised Visitation (SE/SV)

- Interim measure to help highly acrimonious families manage difficulties over child access matters by providing a safe platform for access.
- This programme is strictly for court-ordered cases only
- Only available at FAM@FSC (Allkin– Ang Mo Kio), FAM@FSC (Care Corner) and FAM@FSC (THK)

Family Counselling (from Oct 2021)

- Counselling service for various family relationship issues such as marriage, divorce, parent-child relationship, and those relating to ageing and extended families.
- Families with more complex needs beyond family relationship, such as housing, employment and health issues, will be referred to FSCs for more holistic case management.

Other Relevant Support

a. Community Psychology Hub (CPH) Online Counselling

- Pilot online counselling service developed for individuals facing marital, divorce and parenting difficulties in collaboration with the Community Psychology Hub (“CPH”). The service is accessible at www.CPHOnlineCounselling.sg.

b. Family Assist

- Consolidated portal to help couples who are contemplating divorce.
- Helps couples to have easier access to marriage counselling, make better decisions, and give their marriages a second chance.
- For those who have decided to divorce, the portal consolidates information and resources on housing, finance, and other important issues that will significantly impact the family’s lives after divorce. The portal also helps couples to better understand the practical implications of divorce, how divorce affects children, and to better plan for post-divorce matters such as co-parenting effectively.