



WHO FILLS YOUR HEART?

Draw the family members you love in this heart.
Give them this drawing, a big hug and tell them
how much you love them today!



✦ **FAMILY VALUES** ✦

LOVE • CARE & CONCERN • COMMITMENT • RESPECT

For ideas and tips to enrich family life, visit



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CARING FOR AND HELPING OUR FAMILY MEMBERS CAN BE DONE IN SIMPLE WAYS

Here are some ways Becky Bunny expresses care and concern to her family. What are some of your favourite ways to show care and concern to your family? Tick the boxes below.



Help to wash dishes



Share toys with siblings



Help to carry groceries



Help to set the table for meals



Help to water the plants



Help siblings with homework



Help to fold the laundry



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WE SHOW COMMITMENT BY BEING THERE AND MAKING TIME FOR OUR LOVED ONES

Circle some of your favourite ways to show
commitment to your family.



Playing together with
my brothers, sisters or cousins



Giving my loved ones
a hug when they feel sad



Celebrating
special occasions together



Having a fun family day out



Making time for family meals



Exercising together



Visiting my grandparents

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