

TRIPLE P® LEVEL 2 WEBINARS (SECONDARY)

EFFECTIVE PARENTING APPROACH TO RAISING YOUR TEEN



Positive Parenting Programme (Triple P) is a parenting and family support strategy designed to prevent behavioural and emotional problems in children. Triple P Level 2 Webinars introduce parents to the five core principles of positive parenting, strategies to teach children important values and help children learn social-emotional regulation skills.

Session	Topic	Date
1	Raising Responsible Teenagers	13 Jan
2	Raising Competent Teenagers	20 Jan
3	Getting Teenagers Connected	27 Jan

Saturdays
11:30 am - 12:30pm

FREE

Fully subsidised by the Ministry of Social & Family Development

Webinar 1: Raising Responsible Teenagers

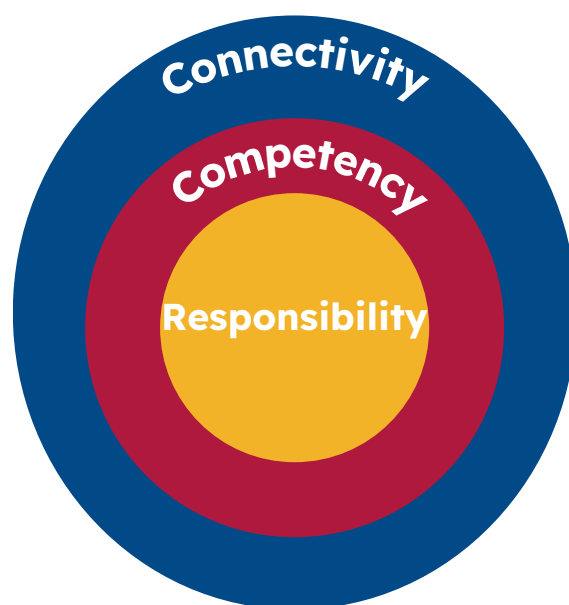
Learn the six key ingredients for teenagers to become mature young adults who are valued and healthy family members.

Webinar 2: Raising Competent Teenagers

Help teenagers to cultivate self-discipline, problem-solving, and other key components in the formula for success

Webinar 3: Getting Teenagers Connected

Explore multiple ways to coach teenagers and get them successfully connected in the wider community



Sign up at morningstar.org.sg/triple-p/l2-sec-run-1/

For enquiries, please contact our Training Officers at training@morningstar.org.sg

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