

We are coming to you with programmes you love and more...



Whether you are looking to reconnect with your neighbours, learn a useful new skill or discuss trending sustainability topics with likeminded new friends, we provide the programme you need, at the platform you're on.

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Your burning questions about vaccination and masks – answered.



Am I (un)suitable for vaccination? Are there side effects for the vaccine? What types of masks offer the best protection? Infectious diseases expert Dr Leong Hoe Nam weighs in on these questions and more with his professional insights.

Is vaccination safe?

 [Read more](#)

Tips for choosing masks

 [Read more](#)

Rediscover North West: 4 Biking Trails to Explore



Good food, interesting sights and fun things close to home.

Next issue...

We go fishing for the best spots to cast your line in the North West District!

With Phase 2 (Heightened Alert) coming to an end soon, it's time to plan your return to the great outdoors. So strap on your helmet and get your wheels ready – we are going on a joyride around the North West District. (Do adhere to the latest guidelines to stay safe.)

 [Read more](#)



Catch Up On...

The latest happenings in and around the North West District.



Project #SGHeroes shows support to 12,000 TTSH frontline workers.

 [Find out now](#)



More individuals now eligible for COVID-19 vaccination.

 [Find out now](#)



Ever wondered what CDCs do? Hint: The answer's as easy as ABC!

 [Find out now](#)




Don't Miss...



DigiReady @ North West
14 June to 9 July

Donate your used electronics and help underprivileged students and families.

 [Find out more](#)



North West Health Qigong Club Live Workouts
Every Sunday, 7.30am–9am


Start your Sunday mornings right with qigong routines guided by **North West Health Qigong Club** instructors.

 [Live every Sunday](#)



SkillsFuture @ North West Webinars
Various timings

Pick up skills for thriving in a digital workplace and discover insights into growth sectors.

 [Find out more](#)



SME Capability Workshop @ North West – Financing 101 for SMEs
15 June, 2pm–3.30pm

Learn tips for getting bank financing and how InvoiceNow can benefit your business.

 [Sign up now](#)

PLAY & WIN

Watch this space for our new contest in July!

 [See winners](#)

Know an interesting or inspiring story?

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