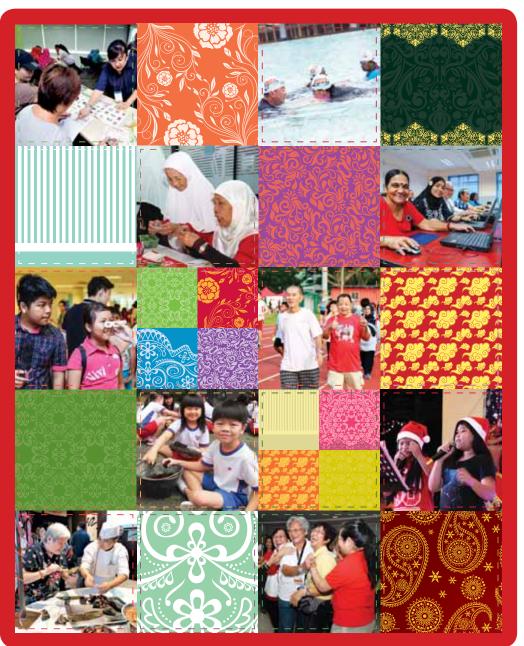
ANNUAL REPORT FY2014



COMMUNITY DEVELOPMENT COUNCILS

MISSION

To Build a Caring and Cohesive Community where we Assist the Needy, Bond the People and Connect the Community.

ASSIST THE NEEDY

To help the less fortunate through local assistance schemes and programmes

BOND THE PEOPLE

To bond the community through projects and programmes so as to bring members of the community closer to one another

CONNECT THE COMMUNITY

To develop strategic partnerships with corporate and community partners to better serve our residents

02	Foreword
04	Office of t
80	Overview
12	Towards a
29	Financial
30	Governing
31	List of Co







- the Mayors
- of Community Development Councils
- a Caring and Cohesive Community
- Information
- ng Council
- ouncil Members







FOREWORD From Chairman, Mayors' Committee

This has been an interesting year for the Office of the Mayors. In June 2014, we welcomed two new Mayors, Ms Low Yen Ling, South West District Mayor, and Ms Denise Phua, Central Singapore District Mayor; and thanked two former Mayors, Dr Amy Khor, and Mr Sam Tan for helping to build strong communities in their districts. Their good work and legacies will always be remembered in the hearts of their communities. I would like to take this opportunity to also thank Dr Amy Khor for chairing the Mayors' Committee since 2011. She was instrumental in bringing the CDCs forward especially after the consolidation of the national social assistance function under the Ministry of Social and Family Development (MSF) in July 2013.

It was also an exciting year for the residents and the Community Development Councils (CDCs) as this was the first year the CDCs focused solely on local service delivery, and deepening the engagement with the communities. Just to give a perspective of some things we have done last year: over 110 local social assistance schemes that helped over 100,000 beneficiaries; over 130 environment programmes that reached out to 400,000 residents; 31 elderly programmes that engaged over 100,000 elderly with recruitment of over 1,620 senior volunteers to connect and support fellow seniors; and growing our Community of Volunteers of 10,900 volunteers in support of Community 2015.

We will continue to work flat out for our residents, for our districts. We will design programmes that are enjoyable, educational, empowering and give care and concern that will meet community's real and emerging needs. With PM's call for Mayors to help build a cohesive and compassionate nation at the Mayors' Swearing-in Ceremony, the Mayors and I came together and identified three strategic directions to guide the work of the Councils. They are (a) Strengthening Social Infrastructure; (b) Building Social Resilience and Social Capital; and (c) Promoting A Culture of Giving Back.

As we complement the work of MSF, the Office of the Mayors will also step up efforts to help the lower-middle income; getting the more able to help the less able; promoting both community and corporate social responsibility.

The challenges are huge. As our population ages, this means that there will be many more elderly who require our attention - to promote active ageing; to befriend seniors who are lonely; and to help those who are vulnerable. As we progressed as a society, we also realized that many people could not afford to pay legal advice, and so collectively, the Mayors and I worked with the Law Society to bring pro bono legal services to the community. The WeCare Arts Fund @ CDC scheme in collaboration with the National Arts Council launched last year aimed to make arts inclusive yet at the same time, enabled the clients of the voluntary welfare organisations (VWOs) to make new friends and build up their confidence.

We still have a lot of work to do. But I am very proud of our Councillors and volunteers, our corporate and community partners, who have already given so much of their time, efforts and even money to build a Great Home and a Caring Community, a Cohesive and Compassionate nation for all.

On behalf of my fellow Mayors, thank you very much for all your support.

DR TEO HO PIN



Office Of The Mayors

The Office of the Mayors in Singapore serves the residents in the five districts. Each district is helmed by a mayor, each of whom also serves as a Chairman of the Community Development Council (CDC) in a particular district.



From left to right: Dr. Mohamad Maliki Osman Mayor, South East District Chairman of South East CDC

Ms Denise Phua Lay Peng Mayor, Central Singapore District Chairman of Central Singapore CDC

Dr. Teo Ho Pin Chairman of Mayors' Committee Mayor, North West District Chairman of North West CDC

Chairman of South West CDC

Ms Low Yen Ling Mayor, South West District Mr Teo Ser Luck Mayor, North East District Chairman of North East CDC

Mayors' Swearing-In Ceremony

On 20 June 2014, Prime Minister Lee Hsien Loong, Chairman of the People's Association, appointed all five Mayors to a new term starting from 27 May 2014 to 26 May 2017. Two new Mayors were appointed that day. They are: Ms Low Yen Ling as Mayor of South West District, and Ms Denise Phua Lay Peng as Mayor of Central Singapore District. They joined

SWEARING-IN CEREMONY OF MAYORS



(From left to right)

- Dr. Mohamad Maliki Osman, Mayor, South East District. First appointed: May 2011
- Dr. Teo Ho Pin, Chairman, Mayors' Committee; Mayor, North West District. First appointed: November 2001
- Ms Denise Phua Lay Peng, Mayor, Central Singapore District. First appointed: May 2014

the other Mayors Dr. Teo Ho Pin, Mayor of North West District; Mr Teo Ser Luck, Mayor of North East District and Dr. Mohamad Maliki Osman, Mayor of South East District.

Dr. Teo Ho Pin took over from Dr. Amy Khor as the Chairman of Mayors' Committee.

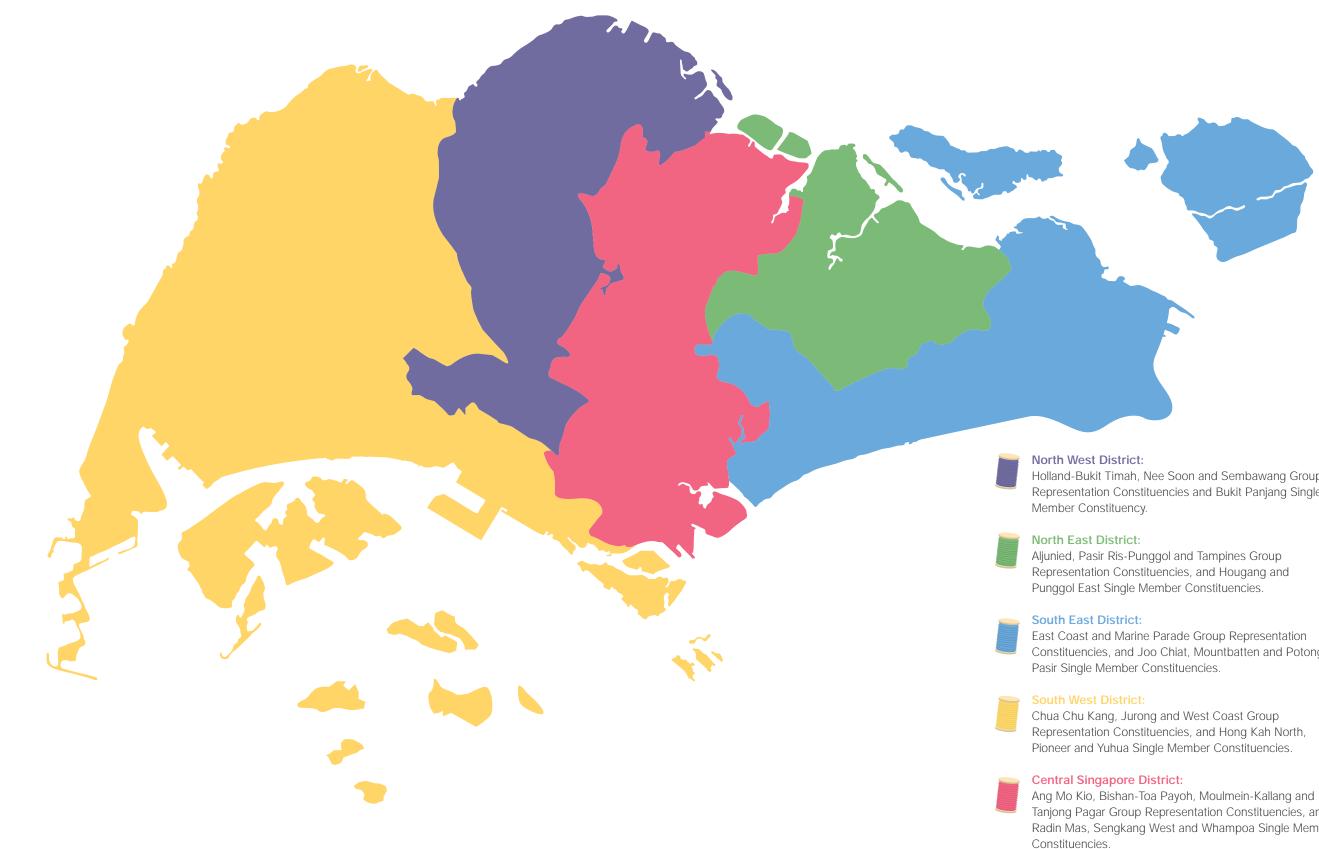
20 JUNE 2014 GUEST-OF-HONOUR PRIME MINISTER LEE HSIEN LOONG CHAIRMAN, PEOPLE'S ASSOCIATION

- Mr Lee Hsien Loong Prime Minister and Chairman of the People's Association.
- Mr Teo Ser Luck, Mayor, North East District. First appointed: May 2009
- Ms Low Yen Ling, Mayor, South West District. First appointed: May 2014



06 | THE MAP OF THE FIVE DISTRICTS

The Map Of The Five Districts



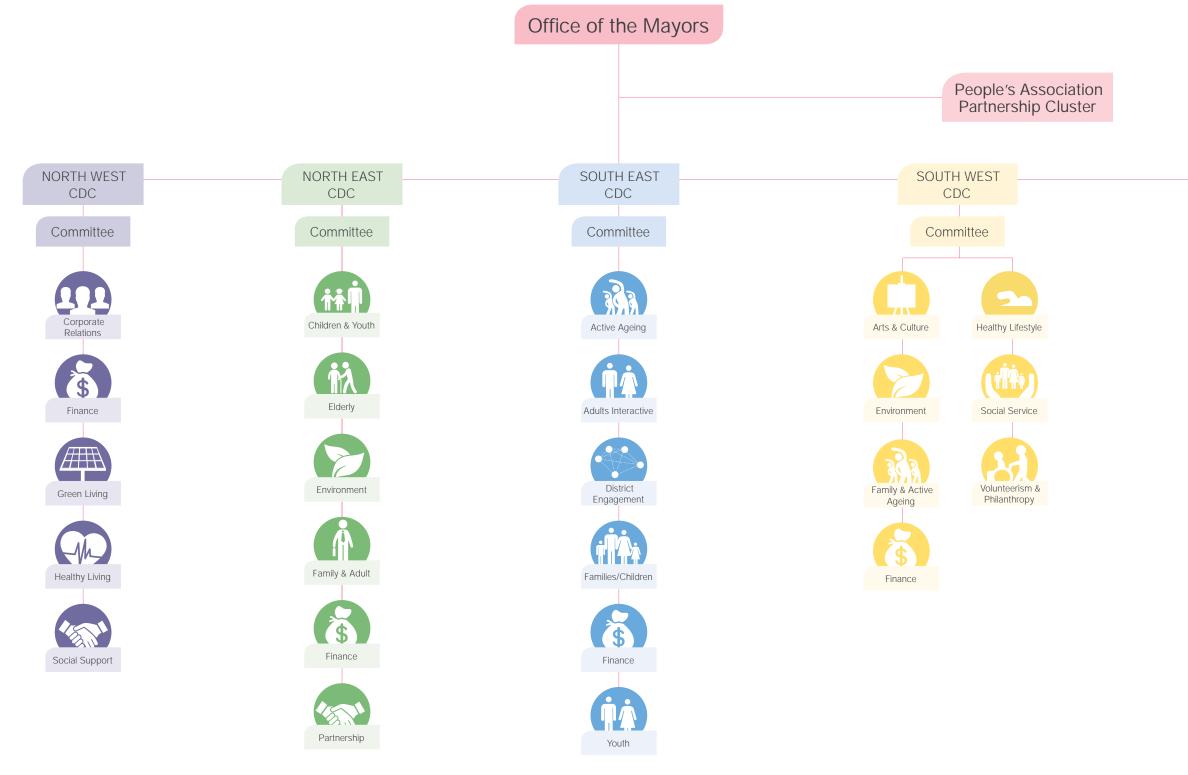
Holland-Bukit Timah, Nee Soon and Sembawang Group Representation Constituencies and Bukit Panjang Single

Constituencies, and Joo Chiat, Mountbatten and Potong

Tanjong Pagar Group Representation Constituencies, and Radin Mas, Sengkang West and Whampoa Single Member



Overview Of Community **Development Councils**







Every year, CDCs engage stakeholders at their annual **District Meetings**

The objective of the District Meetings is to present a stocktake of the CDCs' achievements during the year to key stakeholders and residents and to report on next year's focus. During these meetings, CDCs share information on their past and new programmes and discuss community issues with these stakeholders. The CDCs also explore possible collaborations that they can embark on together.

In 2014, all five CDCs held their District Meetings between July and September. North West, South East and South West CDCs held their annual events at centralised locations within their districts. Central Singapore and North East CDCs decided to host them at the Central Singapore CDC office and RC Café Corners.

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Mayor Teo Ho Pin receiving a cheque from the donor for the North West Student Support Fund at the District Meeting



Mayor Teo Ser Luck hosting one of the series of District Meetings at a RC Café Corner for residents and stakeholders





Minister Grace Fu, Mayor Low Yen Ling, Grassroots Advisers and corporate partners launched the South West Emergency Relief Fund at the District Meeting



Mayor Mohamad Maliki Osman leading the dialogue session at the District Meeting together with the Grassroots Advisers

Mayor Denise Phua sharing the Central Singapore Suite of 30 programmes with partners, stakeholders and Grassroots Advisers



Towards a **Caring** and **Cohesive Community**

CDCs were established to build a tightly-knitted, compassionate and self-reliant community in Singapore.

To define the work of the CDCs for the next few years, the Mayors identified three strategic directions:

Strengthening social infrastructure

By lending a helping hand to the needy, CDCs play a role in preventing the needy and vulnerable from falling through the cracks.

Building social resilience and social capital

CDCs strengthen relationships by bringing communities together and deepening community ties, through caring for the environment, community health, vulnerable and elderly programmes.

Promoting a culture of giving back

To foster the spirit of giving and encourage self-help in the community, CDCs make available to community partners opportunities to exercise volunteerism and corporate social responsibility. CDCs forge strong relationships with government agencies, grassroots organisations and community and corporate partners. These partnerships allow generous hearts to reach out and meet the needs of the community.

"The WeCare Arts Fund @ CDC is an excellent example of how we bring artists and VWOs together to reach out to more vulnerable people in the community so that they can lead more meaningful lives." - Dr. Teo Ho Pin, Chairman of Mayors' Committee and Mayor of North West District

Some Highlights

Fostering A More Inclusive Community

Tangarajoo, a 56-year-old dementia patient at Sunlove Dementia Daycare Centre, is among those who enjoyed the programme. He looks forward to each session organised at the daycare centre. "I love music a lot and I play the tabla (a bongo-like Indian percussion instrument) at the daycare. When the drumming people come, I am so happy because I can try out so many different types of drums. Drumming is so much fun!"

WeCare Arts Fund @ CDC is a testimony to how CDCs' collaboration with community partners can do much to uplift spirits and enrich lives in an innovative and fun way.

Since its launch in May 2014 by Mr Lawrence Wong, Minister for Culture, Community and Youth, the WeCare Arts Fund has helped to uplift the lives of 1,450 beneficiaries from over 50 voluntary welfare organisations (VWOs). The \$1.5 million art grant is a partnership between CDCs and the National Arts Council. The voluntary welfare organisations can apply for funding to engage artists to facilitate programmes that are tailored to the needs and interests of their beneficiaries. These arts activities could range from drumming, sculpting, Chinese calligraphy and dancing to visual arts workshops such as making flowers out of recycled plastic bags.



Minister Lawrence Wong at the launch of the WeCare Arts Fund at Thye Hua Kwan Seniors Activity Centre

Bringing Services Closer To The People

The Community Legal Clinics offer legal advice and counsel for people in need.

Since 2007, there has been an increasing number of citizens who approached Community Legal Clinics for help. In 2014 alone, 1,877 residents received help from 413 lawyers at Community Legal Clinics operated jointly by the CDCs and the Law Society of Singapore.

To ensure that legal help reaches more people, all five CDCs signed a Memorandum Of Understanding in September 2014 with the Law Society to establish an island-wide network of Community Legal Pro Bono Services in five districts. With this, new Community Legal Clinics will be set up so that pro bono legal services can be made available to more residents across the island. The signing of the memorandum was presided over by Minister for Law and Foreign Affairs K Shanmugam.

Expanding the programme will mean greater convenience for residents. It also allows the CDCs to offer more holistic care to residents.



Signing of the Memorandum of Understanding between the Office of the Mayors and the Law Society of Singapore for the Community Legal Pro Bono Services Network

Bringing Government And People Closer To Each Other

The Pioneer Generation Package was announced by the Government to honour and recognise all Singaporeans and permanent residents aged 65 and above for their contributions in the building of our nation.

Shortly after the announcement, the CDCs collaborated with the Pioneer Generation Office to conduct focus group sessions with VWOs in 2014. A total of 120 VWOs participated in the various Pioneer Generation focus group discussions organised by the CDCs.

The in-depth discussion sessions allowed the CDCs and the Pioneer Generation Office to better explain the Pioneer Generation Package to the VWOs, so that the agencies could, in turn, explain the package to pioneers who visit their centres, as well as to pioneers who are under their care. Following the focus group discussions, the CDCs also conducted training sessions for the VWOs to better equip them to share information about the Pioneer Generation Package.



A focus group discussion on the Pioneer Generation Package by the CDC and the Pioneer Generation Office





Because We Care: Empowering Change Across Singapore

Caring For The Vulnerable

CashUP Family Savers Programme Enables Low-Income Families To Plan Financially And Save

The Central Singapore CDC started the CashUP Family Savers Programme, funded by Maybank, to encourage low-income families to save for a better future. The programme aims to provide these families with the opportunity to learn key skills and help them level-up in life. Since 2011, CashUP Family Savers has been helping families kick-start a regular savings habit by equipping them with budgeting and savings skills through financial education workshops over a period of six months. To further encourage participating families to save, their savings are matched with cash, subject to a formula and a cap.

The programme is supported by 13 community partners, including Family Service Centres, self-help groups and grassroots organisations. 216 families benefitted from the programme in 2014.



Certified trainers and successful graduates of the Central Singapore CashUP programme helping participants with queries

"Although it's a challenge to set aside money sometimes, I make an effort to do it, so that my savings will be doubled. It's too good an opportunity to waste. Without this programme, it will take me twice as long to save up. I am very thankful for this programme." - Mdm Lisiani

Adopt-A-Precinct Programme Benefits Residents In Seven Precincts



Students of the Adopt-A-Precinct @ South West programme demonstrate their storytelling ability through a skit. The story was composed by them during a creative writing workshop

Reading is a foundational skill crucial for learning and development. Studies have shown that reading programmes deploying community volunteers add one to two months of significant literacy growth for primary school children. Our partners, Franklin Offshore International, Fei Yue Family Service Centre (Bukit Batok) and Bukit Batok GROs are imparting literacy skills and building healthy reading habits among underprivileged children to help them level up and to inculcate in them a love for reading." - Ms Low Yen Ling, Mayor, South West District

The Adopt-A-Precinct @ South West programme allows corporations and organisations to adopt the residents of a precinct and introduce programmes that will benefit them. First launched in 2012, the programme is intended to help the vulnerable to lower middle-income families stay connected to the community and spur them to volunteer and make more friends.

In 2014, seven precincts were adopted by six different organisations, giving rise to six key programmes and activities.

The book reading programme in Bukit Batok Zone 7, for instance, seeks to increase the literacy level of children through reading sessions, games, creative skits, value-based activities and social skills.

Said one of them, Nur Atikah, "I am able to express myself better and I am motivated to read books now. In school, I am confident to volunteer if my teacher asks us to read in front of the class."

At Hong Kah North Zones 1 and 3, guitar repair and trading company Guitar Connection helps children and young people to learn to play the guitar.

Other programmes include cooking and budgeting classes for mothers and dental hygiene and science enrichment programmes for children.

Opening Up Opportunity For Students

11-year-old Kee Qi En used to be unpopular among his peers because of his poor speech. That changed when he was enrolled in a speech and drama workshop funded by the North West Student Support Fund. Besides picking up tips on public speaking, Qi En also signed up for an etiquette workshop where he learned how to behave confidently in social settings. Today, Qi En is a poised and confident young man who volunteers if a host or an emcee is needed for events at school.

"Before I was too nervous to even talk in front of the people. I was afraid that people would not like me," recalled Qi En. "My friends used to ignore me. But after the courses, I became more outspoken. I definitely gained the confidence to speak in front of people now,"

Qi En is one of the 2,500 students whose lives changed for the better through the North West Student Support Fund.

First launched in 2011, the North West Student Support Fund was established to provide needy students the help they need in order for them to enjoy the same opportunities as their peers. The initiative funds two different programmes: the Student Assist Programme and the Student Wise Programme.

The Student Assist Programme offers needy students financial



Participants of My First Break, a youth programme by South East operating their micro-business at *SCAPE



Kee Qi En (seated on chair) is now more confident conversing with his peers and making presentations after attending a series of workshops supported by the North West Student Support Fund (Photo: Muhd Iskandar)

aid for school-related expenses such as money for school lunches, transport and the purchase of stationery. The Student Wise Programme provides opportunities for needy students to participate in character development programmes to gain the confidence and motivation to do well in life.

Broadening Young Minds

My First Break is an eight-week youth programme funded by South East District Councillors and South East CDC. It aims to teach basic business and life skills to civic-minded young people who are aged 15 to 19 and broaden their perspective by giving them their first opportunity to travel abroad.

Since its launch in 2005, the programme has developed leadership, teamwork as well as communication, presentation and basic business skills in 228 young people from lower-income families.

"I found the passion to give back to society through My First Break. I stepped out of my comfort zone, gained confidence and learnt to communicate with others." - Miss Ruth Teo Xin Yu, graduate of My First Break project

Caring For The Vulnerable



Mayor Teo Ser Luck with Mr Patrick Lim, a relief caregiver in the North East Relief Caregivers programme

While chatting with residents living in the North East District, Mayor Teo Ser Luck discovered that many families were struggling to provide care for their elderly members.

To provide families with some respite care, the North East CDC launched the North East Relief Caregivers programme in January 2015. The programme gives caregivers time off by providing families with a temporary caregiver for several hours. Low-income families received the service for free, while other families were charged S\$10 an hour.

Shared relief caregiver Patrick Lim Chee Hua, 63, "I have always wanted to know how to care for elderly

who are less healthy. Through this programme, I learnt the important areas to look out for when assisting my fellow elderly residents. I am happy that I have the chance to do something for others who are less fortunate than me".

"The availability of help from trained ad-hoc caregivers within the community was of great help to these families. At the same time, it gave those with a passion for caring for the elderly an opportunity to do something meaningful for families in need." - Mr Teo Ser Luck, Mayor of North East District

Caring For Elderly



Residents actively taking part in the South West Financial Life Skills Programme for Seniors

"The workshop was informative and I now have a deeper understanding of finance management and the ways to grow my retirement fund. I am going to retire soon and the workshop equipped me with relevant and useful knowledge that will allow me to lead the lifestyle that I want after retirement. The workshop also allowed me to know like-minded people. We still meet up occasionally and attend other events or workshops together." - Mr Ang Boon Sang, participant

RC Café Corners – A Place To Bond And For Elderly To Make Friends

Between February 2014 and March 2015, senior citizens living in the North East District enjoyed free health screenings, health talks and health workshops at Café Corners across the district. A collaboration between North East CDC and SingHealth Regional Health System, the initiative aims to promote healthy living and an active lifestyle among residents and to empower seniors to take ownership of their health. These sessions were held at various Café Corners located in the North East District.

"We are glad to have found a partner in North East Community Development Council. As our population ages and we see more chronic diseases, it is important that we provide the support and information for our senior citizens to be kept safe and well within their home and community." - Dr. Emily Ho, Director of SingHealth Regional Health System

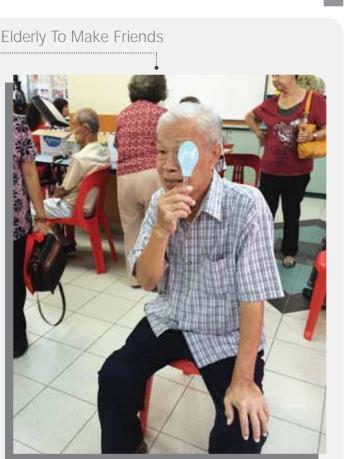
The Money-Wise Senior Citizen

In November 2014, the South West CDC launched the South West Financial Life Skills Programme for Seniors.

Created in partnership with the Securities Investors Association (Singapore) (SIAS), the Office of the Public Guardian, and POSB Bank Singapore, the holistic financial education programme is facilitated by trainers from all three organisations.

Trainers from SIAS covered financial wealth management, while trainers from the Office of the Public Guardian (OPG) educated seniors on Lasting Power of Attorney and the Advanced Medical Directive.

The programme, consisting of four workshops, is designed to help residents aged 45 to 65 living in South West District to plan ahead financially and make informed decisions for their latter years, so that they can continue to enjoy the quality of life that they deserve.



A senior citizen undergoing an eye examination held at a North East RC Café Corner



Caring For Elderly



Senior participants at a computer course offered as part of the Senior Lifelong Learning @ North West programme

A Passion For Learning In The North West District

A year ago, 53-year-old Rubiah bte Chayan could not operate a computer. Today, the mother of two sons aged 26 and 29 chats happily with her sons as well as with her long-lost friends through Facebook and other social media.

What made all this possible was her enrolment in a computer course jointly offered by the North West CDC and the Singapore Workforce Development Agency (WDA).

Under the initiative called Senior Lifelong Learning @ North West, seniors living in the district aged 50 and above can enrol for free basic English and computer courses that are accredited under the Singapore Workforce Skills Qualifications system. The courses are fully subsidised by the WDA and North West CDC.

The scheme seeks to provide a setting for seniors to socialise while picking up vital new skills. It supports the North West CDC's goal to establish a strong social network for seniors in the North West District so that they remain mentally, physically and socially active. In 2014, 1,022 seniors enrolled in the courses offered under the scheme.

Rubiah is glad that she got out of her comfort zone and joined the programme. Her new computer skills have led Rubiah to bond more closely with her sons. "Learning how to use a computer has allowed me to keep in touch with my children and grandchildren and be more connected to their lives."

When Grandpa And Grandma Go Camping

Since 2009, the South East CDC has been running the Seniors' Learning Camp at different locales including the Singapore Sports School, the National Community Leadership Institute and Outward Bound Singapore.

The programme was created when South East CDC observed that very few camps are organised for senior citizens, which offer an ideal environment for senior citizens to extend their social network and learn new skills.

Jointly organised by South East CDC and Marine Parade Family Service Centre, these "learning camps" promote active ageing as well as serve as a recruiting ground for volunteers among active agers. Since the launch of the programme, 220 seniors have gone camping. About 120 of them stay active as alumni, meeting up regularly via interest groups, participating in inter-generational activities and paying it forward by volunteering in community projects.



Seniors getting to know one another better through interactive activities at the South East Seniors' Learning Camp

"This camp was interesting, very effective and there were lots of new things to learn and games that I never dreamt that I would ever be playing." - Ms Patti Ho, 72

"We are growing old yet we are doing a lot of young-people stuff!" - Mr Loy Chee Kit, 62



Mayor Denise Phua and Grassroots Adviser Dr Lily Neo with 250 commandos who helped spring clean the flats of needy seniors under the Central Singapore Silver Homes programme

On 23 January 2015, 250 Singapore Armed Forces Commandos gathered at the rental blocks in the Jalan Kukoh and Chin Swee estates. Their mission? To help spring clean and fumigate the homes of seniors living in rental units at the two estates for the Lunar New Year.

Looking ready for action in their physical training gear, the commandos guickly got down to cleaning the homes of seniors. They also helped to pack the belongings of seniors whose homes were being prepared for bed bug fumigation. As part of the befriending efforts, the commandos engaged the seniors

Central Singapore's Silver Homes Programme Provides Clean, Safe And Healthy Homes For 355 Seniors

- in a terrarium-making workshop and treated them to a sumptuous catered dinner.
- All 250 commandos volunteered for the event as part of the Singapore Armed Forces' In-Camp Training's Cohesion Day. The men signed up for this event instead of their usual outings and bonding games in order to do something more meaningful for the community.
- Central Singapore CDC's Silver Homes programme reached out to a total of 355 senior households with the help of 1.375 volunteers in FY2014.

Caring For The Environment

Eco-Knight To The Rescue!

On 23 November 2014, the new I'm An Eco-Knight programme was launched at the Central Singapore Clean & Green Carnival held at Toa Payoh HDB Hub Atrium. A collaboration with the National Environment Agency, the programme aims to instil good environmental practices among pre-schoolers.

I'm An Eco-Knight takes pre-schoolers on a learning journey covering topics such as personal hygiene, anti-littering, recycling, dengue prevention and energy efficiency.

Each pre-schooler will be provided with an educational package with tasks of varying difficulties. Upon completion of the required tasks, they will be awarded a badge by their teacher.

A total of 122 kindergartens in the Central Singapore District will benefit from the programme over a three-year period.



Pre-schoolers learn about dengue and preventive measures as part of the I'm An Eco-Knight programme

"At Central Singapore District, environmental issues are one of the key causes that we champion. We hope that through our partnerships with organisations such as the National Environment Agency, as well as through our own community programmes, we can encourage all residents to do their part in living an environmentally sustainable lifestyle. Together, we can achieve the shared vision of Singapore becoming a Liveable and Endearing Home, a Vibrant and Sustainable City, and an Active and Gracious Community where everyone plays his part to safeguard and care for the environment." - Ms Denise Phua, Mayor of Central Singapore District



The children in North East District growing their own plants in their JOE Box

A Reminder That There Is Just One Earth

From June 2014 to March 2015, kindergarten children across the North East District were each given a 'Just One Earth' (JOE) Box to remind them that there is Just One Earth. The programme has been held annually since it was started in 2012.

The children from 20 PAP Community Foundation centres will grow their own plants in their JOE box, a lasting reminder of their connection to the Earth.

This environment message is reinforced by modules where the children learn more about the environment through games, songs and craft. Six modules were introduced in 2014 and 75 workshops rolled out, training over 630 children.

The project is a collaboration between the North East CDC and the National Environment Agency. The project serves as a reminder that everyone can play a role in saving the world and that every effort counts.

It is such a great joy to see this programme grow and bring together so many people. To see all this come together really is seeing the 'kampung spirit' in action!" - Mr Chris Jensen, Lead Trainer and Programme Developer, WOW Kampung

Eco Champions Among Residents

Since 2011, close to 5,600 students volunteers have reached out to about 136,400 households in the North West District to recruit them in the fight against energy wastage.

They are part of the programme called Reduce @ North West, a programme that encourages residents to do their part in fighting climate change by reducing energy consumption. Trained students conduct house visits to promote energy conservation and encourage signups for the programme. The programme also features an energy audit competition where the energy consumption of homeowners is tracked over four months.

This year, close to 6,400 households participated in the four-month-long energy audit. The result showed that they managed to save 144,000 kWh during the period - enough to power up 461 three-room flats for a month.

"It is a good platform for residents to understand more about energy conservation. It serves two purposes: the students and the adults learn, at the same time they bond." - Ms Krishanne Lara, 30-year-old, nurse and North West resident



ITE students installing light bulbs at a beneficiary's home under the South East Heartland E-waste Recycling programme

Panasonic would like to commend South East CDC for its commitment to promote eco initiatives in the South East District. It is heartening to see residents in the district coming together to recycle their electronic waste responsibly. Ultimately, Panasonic, South East CDC and our partners hope to contribute to resource conservation, and strive for a better life and a better world for Singapore residents." - Mr. Yuji Arami, Director of Environment and External Affairs Group, Panasonic Asia Pacific



Student volunteers on a house visit to encourage a resident to participate in Reduce @ North West

Reduce @ North West is part of the Fight Climate Change pillar under Green Living @ North West, a 10-year Eco plan that seeks to engender a "green" sense of pride and belonging within the North West District.

The Heartland E-waste Recycling Programme



In its first run from 2013 to 2014, the South East CDC's Heartland E-waste Recycling programme was a huge success. The first year of the project saw 10,204 kg of e-waste (or electronic waste) collected, more than doubled the target of 5,000 kg. In addition, 2,719 energyefficient light bulbs were earned, distributed and installed. The second run was launched on 23 January 2015 and in the first five months of the project, volunteers have reached out to over 5,700 households.

Initiated by Panasonic Asia Pacific, the project involves Panasonic Asia Pacific, South East CDC, the National Environment Agency, retailer BEST Denki, e-waste recycler Cimelia Resource Recovery, and public waste collector SembWaste.

The programme promotes responsible recycling behaviour in residents by offering them a convenient way for them to recycle their e-waste. Under the programme, South East residents recycle their e-waste items at 28 selected community clubs/centres and Residents' Committee centres to help earn energy-efficient light bulbs for the less-privileged in the district.

As part of the programme, South East CDC also works with schools to organise outreach sessions and assembly talks as well as factory tours to Panasonic Asia Pacific and Cimelia Resource Recovery so that students have a better understanding of e-waste recycling.



Caring For The Environment



Minister Vivian Balakrishnan and Mayor Low Yen Ling together with more than 10,500 residents participated in the annual district-wide mass recycling drive, where 42 collection points were set up across the district as part of Clean Up South West! 2015

On 25 January 2015, many households in the South West District did their part for the environment by clearing out recyclable materials and donating these items to project Clean Up South West! 2015 – a prelude event to ECo Day Out. For their donation, they were given a voucher which they can redeem for groceries on ECo Day Out 2015, which took place on 1 February 2015.

For Tham Suet Lan, the annual recycling has become a family affair. Suet Lan's family first participated in 2006. Now Suet Lan, 54, looks forward to the event each year. She has also incorporated green practices into her family's lifestyle. It has been a good 10 years for Clean Up South West! Over the 10 years, Clean Up South West! has collected enough recyclable items to fill 174 Olympic-sized swimming pools.

South West District now has 42 recycling stations and in 2015, it welcomed on board two new recycling corporate partners. And each year, another 1,400 residents join the recycling efforts.

"As a parent, I am concerned about my children's future. Increasingly, we have seen more natural disasters and it could mean only one thing – we need to protect and conserve our environment for future generations." - Ms Tham Suet Lan, 54

Caring For Community Health

Helping All Residents Live A Healthy Lifestyle

Central Singapore CDC started the Healthy Lifestyle Clubs in 2001 to encourage residents to adopt healthy lifestyle habits by eating and living well. The Healthy Lifestyle Clubs also serve as a platform to bring together residents who share a common interest in various sports.

In 2014, the CDC expanded the programme to facilitate meaningful friendships and promote inclusiveness between participants with and without special needs. There are now 115 clubs which cater to varied interests of 12,000 members, such as running, brisk walking, qigong and taiji.

promote inclusivity through sports *For a few years after I completely lost my sight, I mostly confined myself at home and did not exercise at all. My health was in bad shape and I was in a constant state of depression. Since joining Runninghour, I am in much better shape both physically and emotionally. Not only has the co-op helped me to regain my fitness, I have also made many new friends. The sessions have given me the confidence to deal with challenges that come with my disability." – Mr Dennis Sim, Runninghour member since 2013



Seniors enjoying a craft activity at the North East SuperMind Club

*Being a volunteer for SuperMind Club, we are able to learn first-hand some of the challenges that seniors face. I am so glad that I have the chance to bring some joy to them through the activities at SuperMind Club. I hope that more young people will join me to be a volunteer!" - Miss Wee Shi Yun, volunteer from Temasek Polytechnic



Members of Runninghour, a Healthy Lifestyle Club supported by Central Singapore CDC, run regularly with visually-challenged individuals to promote inclusivity through sports

Helping Seniors Stay Mentally Active

All across the North East District, many senior citizens are regularly stretching their minds as members of the SuperMind Club. Their reward? Fun, laughter and lots of new friends.

Located all across the North East District, the 29 SuperMind Clubs bring 871 senior citizens together to have a go at the activities that they enjoy doing, while giving them opportunities to meet new people. Some of these activities include arts and craft, qigong, board games, percussion drumming, health talks and outings.

The programme is designed to help the elderly stay in good mental health, as well as help them recover cognitive skills that may have become impaired due to medical maladies such as Alzheimer's disease or a stroke. Student volunteers from Temasek Polytechnic help engage these seniors at the SuperMind Club, where they plan the activities and join the seniors weekly.



Shared 85-year-old participant Sim Siam Cheng, "There are so many things to learn and do at SuperMind Club. I am not young and my health has been poor in recent years. But now I feel more energetic because I have things to do and I've made many new friends. My life is more colourful now and I am a happier person."

Caring For Community Health

Launch Of The North West Healthy Living Festival

Ong Lek Hwa, 56, first joined the North West Brisk Walking Club 10 years ago. About six years later, she signed up for the North West Dance-Fit Club. In 2014, Lek Hwa started taking her first swimming lessons at the North West SwimSafer Club for Seniors.

Brisk walking, SwimSafer, Dance-Fit, Qigong, and North West Aerobics Club are five types of activities that North West Healthy Lifestyle Clubs provide.

The first North West Healthy Living Festival held from 17 August 2014 to 4 October 2014 was a roaring success, drawing 70,000 participants over a seven-week run. The festival showcased five healthy living pillars, youth sports and healthy living courses and activities. A total of 15 themes and 100 programmes were featured throughout the seven weeks. Throughout the festival, the North West CDC also rallied residents to take up brisk walking and one more physical activity as part of its Brisk Walking Plus One campaign.

The North West Healthy Lifestyle Clubs aim to promote an active lifestyle among residents and provide residents with an avenue to remain physically, socially and mentally healthy.



Members of the North West SwimSafer Club for Seniors

I love to exercise. The Healthy Lifestyle Clubs help me keep fit and offer me a great way to make new friends and learn new things. In the past, I would have been terrified at the idea of swimming. Now I can swim the breaststroke! I enjoy the Healthy Lifestyle Clubs and I have encouraged many of my friends to join." - Mdm Ong Lek Hwa, 56

Integrated Health Screening In The South West District



Volunteers from the Society of Opticianry Practitioners taking measurements to prepare spectacles for residents as part of the Healthy Community @ South West programme

In 2013, when Nurul Jannah went for the free health screenings offered by South West CDC, her world collapsed. The test results showed that she has diabetes and her cholesterol levels were high. Nurul was determined to beat her health problems. She conscientiously followed up with appointments with the dietician and physicians at Clementi Polyclinic that South West CDC had arranged for her. When she went for the same screenings again the next year, she discovered to her relief that both disorders are now under control.

Nurul is one of the many South West residents who have benefitted from the free health screenings made available by the South West CDC. In 2014 alone, 486 vulnerable families and senior citizens living in the South West District received integrated health screenings over three days in August and September at Jurong Medical Centre. The residents are screened for chronic diseases and colorectal cancer as well as for hearing, vision, dental health and diabetes foot problems.

The programme ensures that needy residents enjoy the convenience of a comprehensive range of health screenings under one roof. Health aids and vouchers are given out to residents and those who need follow-up are referred on under the programme.

The screenings are part of the Healthy Community @ South West programme, which aims to offer resident-centric, holistic and preventive healthcare services with follow-up for needy families and the vulnerable elderly in the South West District.



Mayor Mohamad Maliki Osman visiting a Neighbours for Active Living client, Mr Low Buck Chua (extreme right), 76 and his wife Mrs Dolly Low (extreme left), 76 together with volunteer Ms Joanna Fang (standing)

is perhaps good neighbours.

And this is what the South East CDC provides with its Neighbours for Active Living programme, an initiative jointly created by South East CDC and Eastern Health Alliance.

Neighbours for Active Living consists of several programmes including Friend-A-Senior programme, which pulls together a pool of able residents who are then assigned to be a friendly neighbour to other less able fellow residents. These volunteers will keep a watchful eye on vulnerable seniors including those who have just recovered from an illness.

First piloted in the Siglap division in 2013, Friend-A-Senior has since been implemented in six other divisions. To date, 150 volunteers have been trained, and about 80 of them have been matched to vulnerable seniors.

'I believe in the Chinese saying, "远亲不如近邻". It means that you can rely on relatives, but if they are far away, the best person to support you is your neighbour who lives nearby. So the Neighbours for Active Living programme harnesses immediate neighbours to help our fellow citizens. That, I think, will help increase the sense of volunteerism, increase the spirit of wanting to help another, and help Singaporeans recognise that they have much to give to their fellow Singaporeans." - Dr. Mohamad Maliki Osman, Mayor of South East District

When you are elderly and alone, what you need most of all Friend-A-Senior augments the Neighbours Community Care Team programme, which embeds a team of healthcare professionals known as the Community Care Team in the division. These members are assigned to build long-term relationship with vulnerable seniors and to monitor their needs.

> Both programmes build neighbourliness by identifying and empowering residents to look after a neighbour's well-being. This, ultimately, fosters social cohesion in the community.

Volunteers and residents play a big role in the Neighbours for Active Living. To recognise their efforts in reaching out to vulnerable seniors in their neighbourhoods, an inaugural Volunteers' Appreciation event was held in 2015.

Promoting Corporate / Community Social Responsibility (CSR) and Volunteerism

Join Us To Build A Do-Good District At Central Singapore CDC



At Central Singapore CDC, we are always on the lookout for like-minded partners with a passion to serve and do-good. The CDC has more than 30 programmes with a myriad of opportunities for partners to contribute to and serve in.

Every year, Si Chuan Dou Hua Restaurant partners Central Singapore CDC to bring festive cheers to low-income seniors during the festive period. On one occasion, chefs from Si Chuan Dou Hua Restaurant taught 40 low-income senior citizens from Lions Befrienders Senior Activity Centre @ Mei Ling the skill of making dumplings. These handmade dumplings were sold and the proceeds went towards purchasing daily necessities for the seniors' neighbours. The items were presented as gifts to 100 seniors in celebration of the Dumpling Festival.

"Since my elder sister passed away, I have been the one making dumplings for my family to enjoy every year." - Mdm Ang, 70, made almost 30 dumplings in less than an hour

North East Residents Made One Million Stars

dumplings to share with other seniors

Ms Emy Tan Hwee Peng can now afford to buy daily necessities for her family, thanks to a simple yet meaningful gesture - the folding of origami stars.

The Wish Upon A Silver Star 2014 project spurred 40,000 volunteers from over 100 organisations and groups to come forth to fold origami stars. Their goal: to fold one million stars in order to raise \$100,000 for needy residents in the North East District. The money will come equally from NTUC FairPrice Foundation and North East CDC. NTUC FairPrice Foundation has pledged to donate 50 cents for every 10 stars, which North East CDC will then match dollar-for-dollar.

In the end, \$100,000 was raised, and it went towards purchasing items requested for by 200 needy families with children under 16 years old.

"This certainly helps our family. There are things we cannot afford like electrical items that are important for our daily needs. I am grateful that there are Singaporeans out there who may just be middle-income earners, but who still come forward to help raise funds when our closest families and neighbours can't help us. These people really have a big heart and I want to say thank you to them." - Ms Emy Tan Hwee Peng



Student volunteers and lecturer from ITE College East helping out at North East Wish Upon A Silver Star launch



Fengshan Community Club held a Walk for Rice @South East road show for residents

'Our team is very motivated knowing that the distance we walk makes a difference to the amount of staple food that the needy will receive. Because of this, we really encouraged each other to press on." - Mr Calvin Tan, an Expedition Leader from Bukit View Secondary School

Let's Paint! Singapore @ South West

First launched in 2010, Let's Paint! South West was the first-ever district painting project that brought together youth, residents, new citizens and disadvantaged children in the joyful task of bringing the South West District to life with art and colour.

In honour of Singapore's 50th birthday, in 2015, the annual event was renamed Let's Paint! Singapore @ South West with the focus on creating void deck art galleries. With the support of South West CDC, more than 800 residents and corporate stakeholders came forward to transform void decks into art galleries for all to enjoy.

The project promotes volunteerism and corporate social responsibility as it involves corporate partners, schools and youth volunteers doing their part to make communal spaces.

"I am very happy to be able to paint Singapore's history on the walls of the void deck and share it with my neighbours and friends." - Miss Shakira Zulaikha, 11, Corporation Primary School



Walking 84,328 km For Rice

How far will you walk if every 200 metres you walk will earn one bowl of white rice and one bowl of brown rice for needy residents in South East District?

The answer from volunteers in the FairPrice Walk for Rice @ South East 2014 project was: 84,328km.

The FairPrice Walk for Rice @ South East project was first launched in 2009 to encourage the more able in the South East community to help provide rice for the needy families via the simple act of walking. 2014 marks the fifth year of the collaboration between South East CDC and NTUC FairPrice.

The 2014 edition ran from September 2014 to November 2014 and was promoted through 80 roadshows held throughout the South East District. The campaign was supported by 64 corporate and community partners and reached out to 32,579 participants.

More than 70 staff volunteers from General Electric brightened the void decks with colourful murals to inspire healthy living, for the Let's Paint! Singapore @ South West

Promoting Corporate / Community Social Responsibility (CSR) and Volunteerism

Celebrating North West's Many Helping Hands And Giving Hearts



Minister Khaw Boon Wan and Mayor Teo Ho Pin with 100 donors at the Club-100 @ North West Dinner

Every day, Noraidah binte Pungut has to shuttle back and forth between home and hospital in order to care for her four young children as well as tend to her unwell husband. This leaves her with little time to cook for her children.

Thankfully, help arrived for Noraidah, 33, in the shape of the North West Tingkat Meal Delivery programme. Now her family receives nutritious lunch every day through the delivery of a tiered lunchbox.

Noraidah and her family, is one of the many North West households whose lives have been hugely improved by the North West Food Aid Fund, a local assistance scheme administered by the North West CDC.

The Food Aid Fund was set up in 2008 by members of Club-100@ North West to help

struggling families cope with escalating food prices. The fund offers three schemes for needy families: the North West Food Vouchers, North West Tingkat Meal Delivery and North West Food Rations programmes.

Noraidah's family received help under the North West Tingkat Meal Delivery programme, which is fully funded by Club-100. The philanthrophic Club sees members donating at least S\$100 from their salary every month to help needy households with food rations and vouchers.

To raise more funds for the North West Food Aid Fund, Club-100 initiated the Club-100 @ North West Fundraising Golf event at Orchid Country Club. Held in November 2014, the fundraiser raised close to \$950,000 towards the North West Food Aid Fund.

Financial Information

Structure

The Community Development Council (CDC) is managed by a Council comprising the Mayor and members. The Council is appointed by the Chairman or Deputy Chairman of the People's Association Board of Management. The CDC is governed by the Community Development Council Rules.

Management of Conflict of Interest

A member of the Council or the sub-committee who is in any way, directly or indirectly, interested in a transaction or project or other matter of the Council or sub-committee shall disclose the nature of his interest at the first meeting of the Council or subcommittee at which he is present after the relevant facts have come to his knowledge.

A disclosure shall be recorded in the minutes of meeting of the Council or sub-committee and, after the disclosure, that member:

a) Shall not take part in any deliberation or decision of the Council or sub-committee with respect to that transaction or project; and

b) Shall be disregarded for the purpose of constituting a quorum of the Council or sub-committee for such deliberation or decision.

Finance Matters

Description of instrument setting up the charity

The CDC Project Management Fund Committee was set up as a Fund governed by Rules and Regulations.

Reserve Policy			
Our reserves position:	Current Year (S\$)	Previous Year (S\$)	% increase/ (decrease)
Unrestricted Funds (Reserves)	\$47,947,697	\$50,826,502	
Restricted/Designated Funds:			
- Building Fund	NA	NA	NA
- Others	NA	NA	NA
Endowment Funds	NA	NA	NA
Total Funds	\$47,947,697	\$50,826,502	
Annual Operating Expenditure	\$43,961,327	\$48,628,570	
Ratio of Reserves to Annual Operating Expenditure	1.09:1	1.05 : 1	

The reserves that CDCs have set aside provide financial stability and the means for the development of CDCs' programmes and services. The Councils carry out quarterly reviews on the amount of reserves that are required to ensure that these are adequate to fulfil our continuing obligations.

Banker: OCBC Bank External Auditor: Ernst and Young LLP Investment Adviser(s): PA Investment Advisory Committee

Review of financial state

The financial year period of 2014 refers to 1st April 2014 to 31st March 2015. The amount of donations raised for the financial year was \$10.9 million. This was a decrease of \$0.9 million compared to FY2013 (\$11.8 million). Also, the Fund has recorded a decrease of \$2.9 million for the financial year. Overall, there is an accumulated surplus of \$48 million.

Related entity

People's Association

Funding

Annual Resident Grant

Each Community Development Council (CDC) is provided with an annual grant of \$1 per resident living in its District for funding its programmes.

Matching Grant from Government

The CDC can also raise funds for its programmes. For every \$1 donated to the CDC, the Government will match it with \$3. To encourage regular donations, the Government gives a higher matching grant of \$4 for every \$1 raised through GIRO contributions by local residents and businesses. The matching grant for the CDCs is capped at \$24 million annually.

Operating Grant

The Government funds the operations of the CDC offices.



Governing Council

DR. TEO HO PIN

Chairman of Mayors' Committee Mayor of North West District Chairman of North West CDC

Appointed on: 27 May 2014

Vice Chairmen

MR HAWAZI DAIPI Senior Parliamentary Secretary, Ministry of Manpower and Ministry of Education, Adviser to Marsiling Grassroots Organisations

MR PATRICK TAY TECK GUAN, BBM Member of Parliament for Nee Soon GRC, Adviser to Nee Soon East Grassroots Organisations

MS LOW YEN LING

Mayor of South West District Chairman of South West CDC

Appointed on: 27 May 2014

Vice Chairmen

MR ARTHUR FONG Member of Parliament for West Coast GRC, Adviser to Clementi Grassroots Organisations

MR ZAQY MOHAMAD Member of Parliament for Chua Chu Kang GRC, Adviser to Keat Hong Grassroots Organisations

MR DAVID ONG KIM HUAT, BBM Member of Parliament for Jurong GRC, Adviser to Jurong GRC Grassroots Organisations

MR TEO SER LUCK

Mayor of North East District Chairman of North East CDC

Appointed on: 27 May 2014

Vice Chairmen

MS IRENE NG PHEK HOONG Member of Parliament for Tampines GRC, Adviser to Tampines Grassroots Organisations

MR GAN THIAM POH Member of Parliament for Pasir Ris-Punggol GRC, Adviser to Pasir Ris-Punggol Grassroots Organisations

MR TAY POEY CHER, DAVID, JP, BBM Adviser to Aljunied Grassroots Organisations

MS DENISE PHUA

Mayor of Central Singapore District Chairman of Central Singapore CDC

Appointed on: 27 May 2014

Vice Chairmen

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DR INTAN AZURA MOKHTAR Member of Parliament for Ang Mo Kio GRC, Adviser to Ang Mo Kio Grassroots Organisations

MR HRI KUMAR NAIR Member of Parliament for Bishan-Toa Payoh GRC, Adviser to Bishan-Toa Payoh Grassroots Organisations

DR. MOHAMAD MALIKI OSMAN

Mayor of South East District Chairman of South East CDC

Appointed on: 27 May 2014

Vice Chairmen

MR SEAH KIAN PENG Deputy Speaker of Parliament, Member of Parliament for Marine Parade GRC, Adviser to Marine Parade GRC Grassroots Organisations

MS JESSICA TAN SOON NEO Member of Parliament for East Coast GRC, Adviser to East Coast GRC Grassroots Organisations

Dr. Grace Lee Lin Dr. Ho China Lin

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Central Singapore CDC

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Finance Standing Committee

Mr Sarjit Singh s/o Sarmukh Singh, BBM Ms Low Wai Peng Mr Cheong Kwang Huat, Henry, PBM, GSM, DSM Mr Kwek Rui Sen, Kelvin

Arts & Culture Standing Committee



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South West CDC

The JTC Summit 8 Jurong Town Hall Road #26-06 Singapore 609434 Tel: 6316 1616 Fax: 6316 7250

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People's Association Partnership Cluster

CDC Planning and Development Division 9 King George's Avenue Singapore 208581 Tel: 6340 5470 Fax: 6346 8657





