Bridge





Aggregate . Build . Connect

ALIGNED WITH OUR
RESIDENTS' HOPES, DREAMS
AND ASPIRATIONS, OUR FOCUS AT
TELOK BLANGAH IS THREEFOLD:
BUILDING STRONGER FAMILIES,
CREATING GREENER SPACES
AND FOSTERING A SPORTY
COMMUNITY."

MS RACHEL ONG Adviser to West Coast GRC Grassroots Organisations (Telok Blangah)



A Pillar of Support

The \$2 million South West Community Caring Fund was launched to provide timely financial assistance to vulnerable residents.

9

NATIONAL DAY AWARDS 2023

Congratulations to the recipients in South West District who have been recognised for their commitment and outstanding contributions in the community.



a note from... yen ling >

Dear friends.

As we begin the new year, we look back at 2023 with gratitude on our journey together. We have strengthened our community bonds and cared for one another in many different ways. I extend my heartfelt thanks to all our partners and stakeholders for your unwavering support and partnership in enhancing the lives of our South West District residents.

We celebrated our solidarity and reaffirmed our mission at the South West District Meeting and Partners Appreciation 2023 in July. Joined by over 200 partners and volunteers at the event, we recognised and honoured the contributions of our corporate and community partners, and individuals who have made a difference to our district. At the same time, we also launched the \$2 million South West Community Caring Fund to help families cope with rising costs of living and bring relief to vulnerable seniors and young children.

In recent months, the CDC worked closely with our partners to prepare residents for the future. For instance, the SkillsFuture Festival @ South West 2023 featured job opportunities in the green and care sectors and also offered participants a chance to explore the potential of digitalisation in the future of work.

We partnered HP Inc Singapore and Junior Achievement Singapore to hold the Young Technopreneur Challenge 2023, which saw students coming up with innovative solutions to tackle climate change.

Our dedicated and passionate volunteers play an important role in fostering a resilient South West community. I would like to thank and congratulate all the National Day Awards recipients, whose commitment and outstanding contributions have enabled us to overcome the fight against COVID-19 and emerge even stronger.

Let us continue to work hand in hand to build a more inclusive and caring South West District.



Teman-teman,

Semasa kita memulakan tahun baru, mari kita imbas kembali perjalanan kita bersama sambil berasa bersyukur. Kita telah mengeratkan perhubungan sesama komuniti dan prihatin terhadap satu sama lain dengan cara kita yang berbeza-beza. Saya ingin menzahirkan terima kasih saya kepada semua rakan kongsi pihak-pihak berkepentingan kerana sokongan padu mereka dan kerjasama mereka untuk mempertingkatkan mutu hidup penduduk-penduduk di Daerah Barat Daya.

Kita meraikan perpaduan bersama dan telah sama-sama berikrar untuk meneruskan misi kita pada Mesyuarat Barat Daya dan Penghargaan Rakan Kongsi 2023 di bulan Julai yang lalu. Di majlis yang disertai oleh lebih daripada 200 rakan kongsi dan sukarelawan itu, kita telah memberikan penghargaan kepada rakan-rakan kongsi korporat dan rakan-rakan kongsi komuniti, dan juga kepada mereka yang telah memberikan sumbangan yang bermakna kepada daerah kita. Pada masa yang sama, kita juga telah melancarkan Dana Penjagaan Komuniti Barat Daya bernilai \$2 juta untuk membantu keluarga-keluarga yang menghadapi kos sara hidup yang semakin meningkat dan meringankan beban untuk mereka yang telah lanjut usia dan mempunyai anak kecil, yang mungkin terjejas.

Pada akhir-akhir ini, CDC telah bekerjasama dengan rakan-rakan kongsi kami untuk membantu para penduduk bersedia menghadapi masa depan. Seperti contoh, Skillsfuture Festival @ South West 2023 mempamerkan peluang-peluang pekerjaan di dalam sektor menghijau dan sektor penjagaan dan juga ia menawarkan peserta-peserta peluang untuk menerokai potensi masa depan kerja secara digital.

Kami telah bekerjasama dengan *HP Inc Singapore dan Junior Achievement Singapore* untuk menganjurkan Cabaran Usahawan Teknologi 2023, di mana para pelajar telah berjaya menghasilkan jawapan yang inovatif untuk mengatasi masalah perubahan iklim.

Sukarelawan kita yang berdedikasi dan bersemangat memainkan peranan yang penting untuk menghasilkan komuniti Barat Daya yang lebih kuat. Saya ingin merakamkan terima kasih saya dan mengucapkan tahniah kepada kesemua penerima Anugerah Hari Kebangsaan, di mana komitmen dan sumbangan besar mereka telah membolehkan kita untuk mengatasi peperangan terhadap COVID-19 dan telah membantu kita untuk lebih berdaya tahan.

Marilah kita terus berganding bahu untuk membina Daerah Barat Daya yang lebih terangkum dan lebih penyayang.

அன்பார்ந்த நண்பர்களே,

நாம் புதிய ஆண்டைத் தொடங்குகையில், 2023 ஆம் ஆண்டில் நாம் ஒன்றாகக் கடந்து வந்தப் பாதையை நன்றியுணர்வுடன் திரும்பிப் பார்க்கிறோம்.நமது சமூகப் பந்தங்களை நாம் பலப்படுத்தி, வெவ்வேறு பல விதங்களில் ஒருவரையொருவர் கவனித்துக்கொண்டோம். எமது தென்மேற்கு மாவட்ட குடியிருப்பாளர்களின் வாழ்வை மேம்படுத்துவதில் எமது பங்காளிகள் மற்றும் பங்குதாரர்கள் அனைவரும் அளித்த அசைக்க முடியாத ஆதரவிற்கும் பங்காளித்துவத்திற்கும் எமது மனமார்ந்த நன்றிகளை தெரிவித்துக் கொள்கிறேன்.

ஜூலை மாதம் நடைபெற்ற தென்மேற்கு மாவட்டக் கூட்டம் மற்றும் பங்காளர்களின் பாராட்டு 2023 நிகழ்ச்சியில் எமது ஒற்றுமையைக் கொண்டாடி, எமது பணியை மீண்டும் உறுதிப்படுத்தினோம். 200க்கும் மேற்பட்ட பங்காளர்கள் மற்றும் தன்னார்வலர்கள் கலந்துகொண்ட நிகழ்ச்சியில், எமது நிறுவன மற்றும் சமூகப் பங்காளர்களையும் எமது மாவட்டத்தில் மாற்றத்தை ஏற்படுத்திய தனிநபர்களின் பங்களிப்புகளையும் நாம் அங்கீகரித்து கௌரவித்தோம். அதே நேரத்தில், அதிகரித்து வரும் வாழ்க்கைச் செலவுகளைச் சமாளிக்கும் வகையில் குடும்பங்களுக்கு உதவவும், எளிதில் பாதிப்படையக்கூடிய மூத்தோர்கள் மற்றும் சிறுப் பிள்ளைகளுக்கு நிவாரணம் வழங்கவும் \$2 மில்லியன் மதிப்புள்ள தென்மேற்கு சமூகப் பராமரிப்பு நிதியையும் நாம் துவங்கினோம்.

சமீப மாதங்களில், வரவிருக்கும் காலங்களுக்கு ஏற்றவாறு குடியிருப்பாளர்களைத் தயார்படுத்துவதற்காக சமூக மேம்பாட்டு மன்றம் எமது பங்காளர்களுடன் நெருக்கமாகப் பணியாற்றியது. உதாரணத்திற்கு, SkillsFuture Festival @ South West 2023 நிகழ்ச்சியில் பசுமை மற்றும் பராமரிப்புத் துறைகளின் வேலை வாய்ப்புகள் பற்றிய தகவல்கள் இடம்பெற்றது, அத்துடன் அதில் கலந்து கொண்ட பங்கேற்பாளர்களுக்கு எதிர்கால வேலையில் மின்னிலக்கமயமாதலின் சாத்தியக்கூறுகளை ஆராய்வதற்கான வாய்ப்பையும் அந்நிகழ்ச்சி வழங்கியது.

நாம் HP Inc சிங்கப்பூர் மற்றும் Junior Achievement Singapore ஆகிய நிறுவனங்களுடன் இணைந்து Young Technopreneur Challenge 2023 என்ற நிகழ்ச்சியினை நடத்தினோம், இந்நிகழ்ச்சியில் பருவநிலை மாற்றத்தைச் சமாளிப்பதற்கான புதுமையானத் தீர்வுகளை மாணவர்கள் முன்வைத்தனர்.

அர்ப்பணிப்பும் ஆர்வமும் நிறைந்த எமது தன்னார்வலர்கள் நெகிழ்ச்சிமிக்க தென்மேற்கு சமூகத்தை மேம்படுத்துவதில் முக்கிய பங்கு வகிக்கின்றனர். மேலும் தேசிய தின விருதுகளைப் பெற்ற அனைவருக்கும் எமது நன்றியையும் வாழ்த்துக்களையும் தெரிவித்துக் கொள்ள விரும்புகிறேன், இவர்களின் அர்ப்பணிப்பு மற்றும் சிறந்த பங்களிப்புகள் மூலம், எம்மால் கொவிட்-19 நோய்க்கு எதிரான போராட்டத்தை முறியடித்து, இன்னும் வலுவாக முன்னேற முடிந்தது.

அனைவரையும் மேலும் உள்ளடக்கிய மற்றும் அக்கறையுள்ள தென்மேற்கு மாவட்டத்தை உருவாக்கிட கைகோர்த்து தொடர்ந்து பணியாற்றுவோம்.

亲爱的朋友们,

在新的一年来临之际,我们怀着感恩之心回顾我们的历程。我们通过不同的方式,加强了社区之间的联系,并相互关心和照顾彼此。我衷心感谢所有合作伙伴们的支持,让西南区的居民们生活得以改善。

我们在2023年西南区会议及合作伙伴答谢会(South West District Meeting and Partners Appreciation 2023)上,与超过200名合作伙伴和义工欢庆了我们共同取得的成就,并重申了我们的使命。我们表扬及感谢对本区作出重大贡献的企业社区合作伙伴以及个人的贡献。 与此同时,我们推出了总额200万元的"西南社区关怀基金"(South West Community Caring Fund),帮助有需要的家庭应对上涨的生活费,并帮助弱势年长者和幼童。

近几个月,社理会与我们的合作伙伴密切合作,帮助居民提升技能,为未来做好准备。例如,"2023西南技能创前程节"(SkillsFuture Festival @ South West 2023)提供了绿化和护理行业的就业机会,并向参与者展示了未来工作数码化的发展潜力。

我们与新加坡惠普公司和新加坡青年成就(Junior Achievement Singapore)合作举办了2023年 青年科技企业家挑战(Young Technopreneur Challenge 2023),参赛的学生们提出了许多应对气候 变化的创新解决方案。

我们富有热忱的义工在打造坚韧不屈的西南社区方面发挥了重要作用。我要感谢并祝贺所有获得国庆奖章的获奖者们,他们的努力和杰出贡献帮助我们战胜了2019冠病疫情,并让社区在这一过程中变得更加强大。

在新的一年里,让我们继续携手合作,建立一个具有包容心和爱心的西南区。

1 • BRIDGE







contents

1 A NOTE FROM YEN LING

SPOTLIGHT

4 YOUNG TECHNOPRENEUR CHALLENGE 2023

Students pitched their inventions to tackle climate change.

5 SOUTH WEST DISTRICT MEETING AND PARTNERS APPRECIATION 2023

The event marked the launch of the \$2 million South West Community Caring Fund to support vulnerable residents.

7 SKILLSFUTURE FESTIVAL @ SOUTH WEST 2023

The Festival highlighted digital transformation in the green and care sectors.

WHAT'S HAPPENING SOUTH WEST

9 NATIONAL DAY AWARDS 2023

Congratulations to the award recipients for their contributions toward the community.

5 MINUTES WITH...

15 MS RACHEL ONG

The Adviser to West Coast GRC GROs (Telok Blangah) draws inspiration from the strong ties and vibrancy that underpin her community.

TELL ME MORE

19 SOUTH WEST CDC FY 2022/2023 REPORT

A summary of the key initiatives in the South West District and their impact.



>>> Bridge

A bi-monthly publication of the South West Community Development Council (CDC)

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EDITORIAL AND DESIGN

Mediacorp Pte Ltd

PRINTER

Times Printers

SOUTH WEST DISTRICT:

Ayer Rajah-Gek Poh, Boon Lay, Brickland, Bukit Batok, Bukit Batok East, Bukit Gombak, Chua Chu Kang, Clementi, Hong Kah North, Jurong Central, Jurong Spring, Keat Hong, Nanyang, Pioneer, Taman Jurong, Telok Blangah, West Coast and Yuhua.

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Contributors' comments and opinions are their own and do not represent those of the South West CDC.

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Guardians of the planet

THE YOUNG TECHNOPRENEUR CHALLENGE 2023 DROVE YOUTH-LED INNOVATION GEARED TOWARDS TACKLING CLIMATE CHANGE.

TUDENT LOGAN WONG FOUND HIMSELF DEEP IN THOUGHT AS HE RODE THE LIFT ONE DAY.

The 14-year-old wondered whether kinetic energy generated from the moving elevator could be converted into electricity, which would in turn help power it and lower energy consumption.

Driven by curiosity, Wong teamed up with his classmates from NUS High School of Math and Science to bring his idea to life at the Young Technopreneur Challenge 2023. The annual competition encourages students to develop sustainable solutions aligned with the United Nations Sustainable Development Goals, Singapore Green Plan 2030 and Sustainable South West Masterplan.

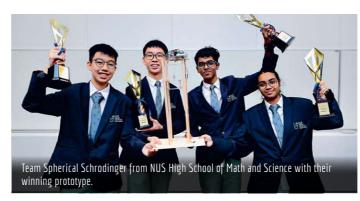
Wong and his team's innovative solution, which involves attaching an alternator to the lift's pulley system to transform mechanical energy into electrical power, helped them clinch the first prize of \$3,000 to further develop their idea.

"Traditionally, lifts are powered by generators in the switch room. Our solution can help to make the lift system more efficient and sustainable," said teammate Abhiram Kodavati, 14.

The winners of this year's competition — organised by South West Community Development Council (CDC), in partnership with HP Inc Singapore and non-profit organisation Junior Achievement Singapore — were announced on 8 July 2023 at the competition's finale. The top three teams also got to participate in a one-day visit to HP Inc.

TECH FOR GOOD

The Young Technopreneur Challenge 2023 saw 24 teams — comprising about 100 Secondary 2 and 3 students from 10 schools — embark on a six-week learning journey. They attended a series of boot camps and workshops aimed at helping them identify societal



challenges, apply technology and STEM (Science, Technology, Engineering and Mathematics) solutions, and develop skills including design thinking, entrepreneurship and effective communication. The teams were mentored by professionals from HP Inc Singapore.

This year's first and second runner-up titles were won by the team from NUS High School of Math and Science and Team SACY, an independent team of students, respectively. Among their winning projects was a water catchment cooler system that uses calcium chloride to absorb moisture from the air to create potable distilled water.

"Our system helps to reduce humidity and make the environment cooler," explained Lam Xin Ying, 14, whose team emerged first runner-up in the competition.

A GREENER WAY FORWARD

Since its inception in 2020, the Young Technopreneur Challenge has benefitted more than 430 students. Guest-of-Honour Ms Low Yen Ling, Mayor of South West District, commended the participants' inventive solutions to real-life challenges.

"It is exciting to see the many creative proposals that have emerged from this year's Young Technopreneur Challenge. Ideas such as robotic bins, which could automatically weigh trash and offer rewards, are interesting. And if elevators could be re-designed to reduce energy wastage, that would be superb," said Ms Low. In a note of further encouragement, she invited the teams to tap on the South West ECo Fund Plus, which supports ground-up initiatives that address environmental sustainability issues with funding of up to \$10.000 per project.

Among the competition's judges was Ms Fiona Lee, Managing Director of HP Inc Singapore. She shared that she was impressed by the students' presentations, which demonstrated their entrepreneurial spirit. "It is remarkable that the students could deliver a sales pitch in seven minutes. In the business world, it is important to do this in a concise manner and the students performed well," said Ms Lee. Ms Ng Hau Yee, Director of Junior Achievement Singapore, noted that this year's presentation was the best they have seen to date. "The students put in a lot of effort in creating their prototypes and were passionate about providing solutions to help save the earth and preserve our energy resources," she said.

The challenge has inspired the young inventors to continue contributing to environmental sustainability. Shannon Tan, 15, whose team took home the second runner-up prize, said that it has provided her with a unique hands-on experience beyond the classroom. "We have learnt that despite our young age, we can make a significant impact on society." B

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A NEW \$2 MILLION FUND, ALONGSIDE CONTRIBUTIONS BY LONGSTANDING PARTNERS, IS SET TO SUPPORT RESIDENTS THROUGH CHALLENGING TIMES.

> **OMPASSION AND COLLABORATION GO A LONG WAY IN ENSURING** THAT NO ONE GETS LEFT BEHIND.

This was demonstrated over the past year by organisations and individuals who have rallied behind South West Community Development Council's (CDC)'s efforts to uplift vulnerable residents. Together, they contributed to a total of 24 local assistance schemes and programmes that were rolled out in Financial Year (FY) 2022/2023. These have benefitted close to 30,000 residents.

At the South West District Meeting and Partners Appreciation 2023 held on 1 July at The Chevrons' ballroom, Ms Low Yen Ling, Mayor of South West District, highlighted that these initiatives were supported by more than 500 corporate and community partners, with a contribution of more than \$3 million in cash and kind. This represents a 20 per cent increase in donations received in the previous FY. Ms Low noted that the show of support reflects the "caring and compassionate side of Singapore."

Their spirit of generosity was celebrated at the event, where 11 corporate partners received the South West Caring Partner Awards 2022, in appreciation of their steadfast commitment to the community. Themed "Our South West, Our Home," the event underscored the sense of belonging and unity deeply ingrained within the South West community.

PLEDGING GREATER COMMUNITY SUPPORT

Many families across Singapore have been impacted by the higher cost of living in the past year. To provide greater support to help residents cope with their expenses, South West CDC launched the \$2 million South West

Community Caring Fund at the event. The fund will provide immediate relief to vulnerable families with young children aged six or below, as well as assist seniors living alone in coping with their daily expenses. Each eligible household will receive financial support of \$250 per year over a two-year period.

The opening performance was put up by ITE College West dance ensemble Korean Dance Wave.

"We understand that many vulnerable families are feeling the strain of a higher cost of living. In such tough times, it is often older persons and younger children who need the most support. South West CDC is doing more for these two groups of residents. The launch of the \$2 million South West Community Caring Fund is aimed at lightening the load of daily expenses for lower income families with young children and the growing number of seniors who live alone," said Ms Low. She also announced further plans to expand the Per Capita Household Income (PCHI) criteria for the scheme, so as to ensure wider access for residents in need.

Some 4,000 families are expected to benefit from the fund, which was launched in collaboration with longstanding partner Koh Kock Leong Enterprise Pte Ltd. The firm's Managing Director, Mr Koh Tiam Teck, noted how crucial such initiatives are for the community and stressed the importance of setting an example for the younger generation through acts of kindness.

"We have always been a strong advocate of giving back to the community and we remain committed after all these years since we started our partnership in 2008. We hope that by funding these meaningful programmes, our efforts could support more residents in coping with daily expenses and alleviate some financial burden for families and seniors in the South West District," said Mr Koh.

A HANDS-ON APPROACH

On top of aggregating resources to tide residents through challenging times, a centrepiece of South West CDC's work is harnessing the collective resources of various stakeholders to prop up residents in need. Ms Low reaffirmed this commitment, as she commended the dedication of volunteers who have interacted meaningfully with residents through various community outreach programmes.

These included the Maybank Shopping with Seniors @ South West initiative, where some 600 Maybank volunteers accompanied seniors on grocery shopping trips and shared with them healthy nutrition tips. Since its launch in October 2022, the programme has reached 231 beneficiaries.

Another corporate partner that values a hands-on approach is semiconductor manufacturer Siltronic Singapore.

Congratulations to the winners of the South West Caring Partner Awards 2022

Diamond: The Girls' Brigade Singapore Sapphire: SAGE Counselling Centre

: Singapore Polytechnic - Common Core Cluster

Emerald: Metta Welfare Association

Corporate - SME

Diamond: Koh Kock Leong Enterprise Pte Ltd : Matsushita Greatwall Corporation Pte Ltd

Corporate - MNC

Diamond: ExxonMobil Asia Pacific Pte. Ltd.

Procter & Gamble Singapore

Sapphire: Siltronic Singapore Ruby : Maybank Singapore





In addition to contributing more than \$1.7 million to South West CDC over the years, the South West Caring Partner Awards 2022 recipient has also mobilised its employees to help implement various programmes that address the challenges of disadvantaged residents.

"Beyond contributing funds towards those in need, we are happy to see our staff volunteering in the packing and distribution of the items supported by the funds. In the process, the South West CDC staff have been very helpful and worked closely together with Siltronic to make My Schooling Needs a successful programme!" said Mr Niew Bock Cheng, President of Siltronic Singapore.

A WHOLE-OF-SOCIETY EFFORT

Besides lending a hand to those in need, building a resilient society calls for its various segments to come together to solve challenges. This is exemplified in the Green Innovation Centre, which was recently launched in Cosy Garden at Bukit Batok by South West CDC, with the Swedish Chamber of Commerce Singapore and close to 30 partners. Together, they have harnessed green solutions to encourage sustainable living habits among residents.

Such strength in unity was emphasised by Ms Low in her closing remarks at the event: "Our work to uplift the needy, forge stronger bonds and strengthen the connections between communities is being achieved with the help of all of you – from grassroots organisations to volunteers, to government agencies, and community and corporate partners." B



5 • BRIDGE BRIDGE . 6



DM AOW GEOK KHIM WAS SHOPPING AT VIVOCITY WHEN SHE CHANCED UPON THE SKILLSFUTURE FESTIVAL © SOUTH WEST 2023. Intrigued by the possibility of learning new crafts, the culinary arts enthusiast enrolled in a one-day 3D jelly art course that ran as part of the festival. Here, the 71-year-old learnt how to create jelly infused with floral designs, using tools such as syringes with specially shaped stainless-steel nozzles.

"The course was not difficult and the oldest student in our class was an 80-year-old lady," said the retiree, who has since successfully made 3D jellies twice at home. The course has helped her discover another hobby, proving that age is no barrier to embracing new skills.

ENDLESS POSSIBILITIES THROUGH DIGITAL TRANSFORMATION

Held from 6 to 7 August, SkillsFuture Festival @ South West 2023 was organised by the South West Community Development Council (CDC), in collaboration with SkillsFuture Singapore (SSG) and supported by Employment and Employability Institute (e2i). It was part of the annual SkillsFuture Festival that brings together individuals, industries and organisations to showcase the transformative power of lifelong learning.

Themed "All Things Digital", this year's festival was centred on digitalisation in the green and care economies. At its launch, Ms Low Yen Ling, Mayor of South West District, invited residents to witness first-hand how digital solutions can enhance their quality of life.



"Digitalisation has transformed the way we live and work. From the use of artificial intelligence to remote work, technology has altered the dynamics and future of work. Through this year's festival theme, we hope to encourage residents to learn and discover for themselves the possibilities and potential that digitalisation brings to the green economy and care sector," said Ms Low.

The festival offered residents a glimpse into the future of jobs in the two industries through engaging digital showcases, quizzes and hands-on demonstrations prepared by digitally savvy partners.

At an interactive booth set up by ITE College West, participants learnt about indoor hydroponic farming powered by digital technology. Also on display were drones deployed in a remote-controlled "soccer match" and an autonomous cleaning robot designed to clean solar panels, exhibited by the Academy of Design Arts & Media (ADAM) Singapore and Sembcorp respectively.





SKILLSFUTURE FESTIVAL @ SOUTH WEST 2023 PROMOTED LIFELONG LEARNING AND SHOWCASED JOB OPPORTUNITIES IN THE GREEN AND CARE SECTORS.

NAVIGATING SKILLSFUTURE

How to make the most of the SkillsFuture programme for personal and career development.

Perform a self-assessment

Learn more about your interests, personality, values and skills. Use the RIASEC test, which takes about 15 minutes to complete.

Take a crash course

Gauge your suitability for different sectors through the SkillsFuture Series, which features short, industry-relevant training programmes in eight emerging areas, including digital media and data analytics.

Check your SkillsFuture Credit balance

On 1 October 2020, all Singapore citizens aged 25 and above would have received a \$500 SkillsFuture Credit top-up, while those aged between 40 and 60 would have received an additional SkillsFuture Credit of \$500 claimable for Mid-Career Support courses. Both credit tranches will expire on 31 Dec 2025.

Consider a mid-career switch

You can get help by signing up for the SkillsFuture Career Transition Programme. It features courses with heavily subsidised fees, delivered by Continuing Education and Training (CET) Centres — including local universities and polytechnics.

Ask for help

If you are still unsure over how to proceed, complete a short questionnaire to book an appointment for a 45-minute consultation with a Skills Ambassador to work out your skills and training needs.



OUTREACH EFFORTS

Since **2018**, **5 CDCs** have brought the SkillsFuture Festival to the **heartlands**.

>270,000 participants attended the virtual SkillsFuture @ CDC in 2020 and 2021, when activities were restricted due to the COVID-19 pandemic.

Close to **8,000 participants** reached in **South West District** through physical SkillsFuture Festivals from **2018 to 2022**.



The festival also showcased emerging technologies set to transform the care sector. Participants saw how Virtual Reality (VR) could facilitate better relationships between seniors and youth volunteers from the social service sector, as well as enable seniors who are not physically mobile to experience the sights and sounds of a travel destination.

Mdm Aow, who tried out VR travel at a booth by Loving Heart Multi-Service Centre, said the experience was visually stunning and realistic. "I saw the murals and streets of Penang, which brought back some of my favourite memories of travelling to the place," she said.

UPSKILLING FOR THE WIN

Besides its futuristic showcases, SkillsFuture Festival @ South West 2023 also offered job-seekers employment opportunities, courses and career trials. The latter allows them to visit potential employers' workplaces to gain a better understanding of their job requirements.

These were supplemented by a roster of talks by industry experts on topics including how jobseekers can increase their employability through networking and digital media, as well as digital sustainability.

Ms Low highlighted the importance of keeping abreast of emerging fields and skills to stay relevant amid rapid digital transformation afoot across sectors. This is aligned with the festival's aim of promoting continuous self-improvement.

"Through the festival and line-up of activities, we hope to foster lifelong learning and the attributes of curiosity and adaptability in our residents for a brighter future," said Ms Low.

For seniors like Mdm Aow, skills enrichment has been a source of personal fulfilment, allowing her to enjoy her leisure time meaningfully, make new friends and bond with loved ones. "I'm keen to sign up for more SkillsFuture courses to learn how to make dim sum and Asian baked goods. My family members can visit me more often as we learn how to make these new dishes together," she said. B







National Day 2023 Awards 2023

CONGRATULATIONS TO RECIPIENTS IN THE SOUTH WEST DISTRICT WHO HAVE BEEN RECOGNISED FOR THEIR COMMENDABLE PUBLIC SERVICE.





what's happening South West > NATIONAL DAY AWARDS 2023

















Mr Chia Aik Peow, Vincent, PBM Chairman

SERVICE MEDAL Pingat Bakti

CHUA CHU KANG

Bin Abdul Rahim, PBM Chairman Brickland CC MAEC

Mr Leow Geng Hui, PBM Chairman Brickland Pride-Crest RN

Assistant Treasurer Chua Chu Kang CCC

Mr Anwar Bin Ali, PBM Auditor Keat Hong CC SCEC

Chairman Keat Hong CC MAEC

Assistant Treasurer Keat Hong CCC

Phoenix Estate RN



Mr Muhammad Nabil Bin Noor Mohamed, PBM Bukit Batok East CCC

Mr Shaul Hameed Chairman Clementi Youth Network

s/o Mohamed Shariff, PBM (COVID-19)

Ms Ham Pow Suan, Carol, PBM **Executive Member** Clementi Zone 1 RC

Ms Tan Sok Chen, PBM Chairperson Clementi Zone 4 RC

Ms Tham Lai Mun, PBM Chairperson Jurong Central CSN

Mr Leong Poong Choon, PBM Chairman Jurong Central Zone A RN

Mdm Chong Saw Chan, Ann, PBM Assistant Treasurer Jurong Spring CCC

Ng Chong Cheak, Linus, PBM Vice-Chairman Taman Jurong CCMC

Dr Ong Teck Tiam, Germin, PBM Chairman Taman Jurong Zone G RN

BRIDGE • 12]] • BRIDGE





]3 • BRIDGE



MS RACHEL ONG, ADVISER TO WEST COAST GRC GRASSROOTS ORGANISATIONS (TELOK BLANGAH), IS DEEPLY INSPIRED BY RESIDENTS' DIVERSE INTERESTS AND STRONG COMMUNITY SPIRIT.

HREE YEARS INTO HER TENURE AS ADVISER TO WEST COAST GRC GRASSROOTS ORGANISATIONS (TELOK BLANGAH), MS RACHEL ONG HAS MUCH TO BE GRATEFUL FOR. For one, she is happy to note residents' support for a cause that is close to her heart. "Our mentoring group is planning to march as a contingent at the Purple Parade to celebrate the abilities of the disabled," says Ms Ong, who chairs the local movement that champions an inclusive society.

Started to empower families in Telok Blangah, the club for children and teens is sponsored by residents. Organised by the volunteers, the 100-strong club gathers fortnightly to learn new things — from tennis to digital skills — and participate in sharing sessions. Members can also choose to team up and contribute to causes, such as advocating for persons with disabilities. Helping residents realise their ambitions is closely aligned with Ms Ong's work running a social service agency that equips youths to overcome adversity.

AT THE HEART OF THE MATTERS

A memorable encounter that sparked joy in Ms Ong was

with a member of the Pulai Eco Club, a volunteer-run initiative that promotes sustainable living by organising forest adventure walks, beach clean-ups and educational programmes.

The resident shared that he was inspired to get involved in more volunteer groups after joining the club. This enabled him to form meaningful connections with his neighbours. "He said, 'After so many years, we can finally call this place home'," recounts Ms Ong happily. The club has since drawn the media's attention and attracted participants from other constituencies.

Such interest groups have engendered greater cohesiveness among residents, for whom Ms Ong has organised events and initiatives around three umbrellas: Stronger Families, Greener Spaces and Sporty Community.

A management consultant by profession, Ms Ong was thrust into grassroots work at the height of the COVID-19 pandemic. Back then, she and her team walked the ground encouraging residents to get vaccinated and offering help to families who faced unprecedented challenges from quarantine measures and travel restrictions.

"It was intense because I had to hit the ground running. The good thing is that I got to know my grassroots leaders better, because we were working in such small groups," she says. "It was also how we came up with the three focus areas — from learning about our residents' hopes, dreams and aspirations."

BRINGING PEOPLE TOGETHER

There is certainly a lot for the community to look forward to. Ms Ong shares that an Active Health Sport-in-Precinct will be launched in Dover within the next two years. Under the project, there are plans to convert an underused rooftop carpark into a sports complex where residents can jog, play badminton and table tennis, as well as stroll in an onsite garden.

Beyond their efforts to improve amenities in the area, Ms Ong and her team stay closely attuned to residents'

Ms Ong marched as a contingent with the Telok Blangah mentoring club at this year's Purple Parade.

What are your interests outside of work?

I love music. I can play the guitar and piano, as well as a bit of violin and drums. Sadly, I do not have time to practise musical instruments these days. However, I do get asked to sing at grassroots events every now and then.

Ms Ong's Telok Blangah Nature Tips



→ Favourite nature park "Labrador Park. It is a well-kept secret that is still not too crowded."



→ Most amazing wildlife she has spotted

"A brain coral at Tanjong Rimau, which is at the tip of Sentosa. I was there recently for an intertidal walk with the Pulai Eco Club."



→ Must-have items
when heading outdoors
"Chocolates and soda water,
with lots of ice."

pressing needs and render timely assistance when needed. For instance, they persuaded elderly residents to seek medical attention for their health issues, despite some of them being fearful of visiting the doctor. They also helped the father of a child with autism land a part-time job at a social enterprise run by a fellow Telok Blangah resident, proving the merits of bridging connections.

"We look out for one another and see how we can build the community. All these initiatives have helped to bring people from different areas of the constituency together," reflects Ms Ong.

Describe a perfect day at Telok Blangah

We launched the new section of Pasir Panjang Park on 16 September 2023. There was a tree-planting activity, which I found very therapeutic. Then, I headed to Telok Blangah Market to find out how the stallholders were doing, followed by a resident's birthday party at the community club.

Later in the afternoon, I joined the mentoring club to learn about rearing pet birds and visited a Depot Road coffee shop to chat and engage with residents. My day ended with a late dinner with friends who were visiting from the US.

What is a place that holds cherished memories for you and your family?

Changi Beach. We went there every Saturday for 10 years. My sister and I would swim in the sea with our friends.

]5 • BRIDGE •]6

维系的 细带

深受居民对社区活动的热忱以及强烈的社区精神,让西海岸集选区基层组织顾问(直落布兰雅)





"我们的指导小组计划组队参加今年的'紫色行动'游行,以宣传残障人士所取得的成就。"王心妍说道,她也是这项提倡包容社会的本地运动的主席。

居民们自发成立了一个儿童与青少年俱乐部, 为直落布兰雅的弱势家庭提供协助。该俱乐部由 义工们自发组织,共有大约100名成员,每两个 星期聚会一次,学习并分享新技能,例如,网球



和数码技能。俱乐部成员们也可以组成小团体,为不同的公益事业服务,例如为残障人士争取权益。帮助居民实现自己的抱负与王心妍经营的一家社会服务机构的工作密切相关,该机构帮助年轻人学习如何克服逆境。

立足重要事项的核心

让她难忘的一件事是与一名Pulai环保社 (Pulai Eco Club)成员之间的交流,该社团是 一个完全由义工创办的组织,其宗旨是通过 组织森林徒步探险、海滩清理活动以及教育项目 来促进可持续生活。

这位成员表示,在加入社团之后,他深受启发,想要参与更多的义工活动。这让他能够与邻居建立更有意义的关系。"他说,'这么多年过去了,我们终于可以把这里称为家了,'"王心妍开心地回忆道。此后,这个社团引起了媒体的关注,同时也吸引了来自其他选区的参与者。

类似的公益团体在居民中产生了更大的凝聚力, 而王心妍为居民们组织的活动也都尽量围绕以下 三个重点领域:更和睦的家庭、更环保的空间和 运动型社区。

您在工作之余有什么兴趣爱好?

我喜欢音乐。我会弹吉他和钢琴,还会一点小提琴和打鼓。 遗憾的是,我在近期都没有时间去练习乐器。

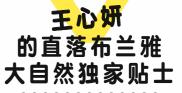
描述您认为在直落布兰雅度过的最完美的一天。

我们在2023年9月16日揭幕了巴西班让公园的新开区域。当天还有植树活动,让我感到身心放松。活动结束后我去了直落布兰雅巴刹,跟那里的摊贩们交流,接着回到民众俱乐部参加一位居民的生日派对。

下午我参加了指导俱乐部的课程,学习如何饲养宠物鸟。 之后,我在德普路的一间咖啡店与居民们聊天和交流。最后, 我与朋友们共进晚餐,结束了这完美的一天。

哪个地方让您和家人留下了珍贵的回忆?

樟宜海滩。这10年以来,我们每个星期六都会去。我会和姐姐以及朋友们一起在海里游泳。





→最喜欢的自然公园 "拉柏多公园。这是个 不为人知的秘密公园, 人流不是很多。"



→她见过的最神奇的 野生动物

"我最近和Pulai环保社 在圣淘沙丹戎里茅的 海滩上散步时发现的 一块脑珊瑚。"



→出门必备物品 "巧克力和加了很多冰的苏打水。"

王心妍是一名职业管理顾问,在冠病疫情最严重的时候,她参与了基层组织的工作。当时,她和她的团队深入邻里,鼓励居民接种疫苗,并为那些由于隔离措施和出行限制而陷入困境的家庭提供帮助。

"那段日子很辛苦,因为我需要一直在社区里走动。从好的一面来看,这让我对我的基层领袖们有了进一步的了解,因为那时工作团队的规模真的很小。"她说道。"我们也正是通过了解居民的希望、梦想和抱负,才制定了组织活动的三个重点领域。"

促进联系

未来,社区还有很多值得期待的变化。王心妍透露,杜佛在未来两年内将推出一项活跃健康邻里体育计划。在该计划下,一个未被充分利用的屋顶停车场将被改造为体育中心,居民们可以在那里慢跑、打羽毛球和乒乓球,还可以在一个内部花园里散步。

除了致力改善当地的设施, 王心妍和她的团队 也密切留意居民的迫切需求, 并在需要时提供及时 的援助。例如, 有些年长居民生病了却害怕去看 医生, 这些年长者耐心地说服他们去诊所看诊。 他们还帮助一名自闭症儿童的父亲在直落布兰雅 当地居民开办的社会企业中找到了一份兼职工作, 这是通过牵线搭桥让居民受惠的一个良好范例。

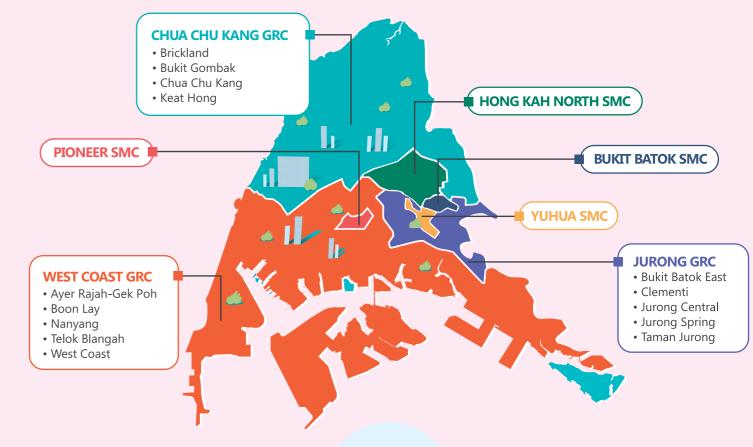
"我们彼此互相照顾,关注社区的成长。所有这些举措都有助于在来自不同选区的居民之间建立联系。"王心妍说道。*B*

17 • BRIDGE



Aggregate . Build . Connect

My South West, Our Community





About South West CDC

The South West Community Development Council (CDC) was formed on 24 November 2001.

Through local help programmes, the South West CDC provides assistance to help the less fortunate in our community. The South West CDC also organises projects and programmes to promote community bonding and social cohesion. The South West CDC adopts the "Many Helping Hands" approach to encourage community ownership among residents, community partners and corporations to realise its vision of "Owning Your Community".

Mission

- a. Aggregator of Needs and Resources
- b. Builder of Capability / Capacity in Partners
- c. Connector of Communities

Mayor's Foreword

Dear Friends

We've come a long way as a nation in fighting the Covid-19 pandemic. Although the road ahead holds uncertainties on the global front, we are confident that our community will stay resilient and united.

In FY2022/2023, amidst the many challenges that tested our mettle, the CDC remained steadfast in carrying out our mission of **Aggregating** needs, **Building** capabilities, and **Connecting** communities to uplift and meet our residents' evolving needs.

We are grateful to the over 500 corporate and community partners who rallied together to support residents of South West District through the difficult times. The CDC received more than \$3 million in donations in cash and kind, which is an increase of 20% from the previous year. By harnessing the collective resources of our different stakeholders and matching them to those in need, the CDC was able to do more for our community. For example, My Schooling Needs @ South West drew upon the contributions to help about 600 students defray their schooling expenses.

To cushion the impact of rising costs and global disruptions, the CDC Vouchers Scheme was enhanced to increase the level of support for Singaporean households and boost our local and heartland businesses. Further, we extended the use of the vouchers to participating supermarkets in addition to hawker stalls and heartland shops, offering wider choices and greater convenience.

To help improve our residents' skills and job prospects, the CDC held job fairs in South West District, organised the SkillsFuture Festival and ran SkillsFuture workshops which encouraged lifelong learning.

The progress we have made to uplift the needy and forge stronger community bonds and connections is due to the support of like-minded partners who share our common goals of improving and enriching lives.

As we leverage our collective strengths to build a caring, inclusive and cohesive South West District, we can proudly call "Our South West, Our Home"!



亲爱的朋友们:

新加坡在对抗冠状病毒疫情上取得了很大的进展。 虽然未来的路仍充满许多变数,但我们坚信我们 的社会将能保持坚韧和团结。

在2022/2023 的财政年度,西南社区发展理事会继续推进我们的使命,即汇集**整合**资源与需求、**提升**合作伙伴和居民的能力,加强社区**联系**,以提升居民的需求。

我们非常感激超过500家企业和社区伙伴的热情参与,协力帮助与支持西南区居民度过艰难时期。他们捐出了超过三百万新元的善款和实物捐赠,比去年多出了百分之二十!通过聚集整合资源与需求,社理会将这些热心的捐赠,按照所需,分配给需要帮助的居民,让更多的居民受惠。例如,My Schooling Needs @ South West 计划就凭借捐赠,为约600位学生减轻上学的费用。

为了帮助国人应对日常开销,同时给予我们的小贩和邻里商家更多支持,社理会邻里购物券计划今年涵盖的范围进一步扩大。除了可在参与计划的邻里商店与小贩中心使用之外,还可以在超市消费,为居民提供更多选择与便利。

在改善工作前景及提升技能方面,社理会在西南区主办职业展、技能创前程节和技能创前程研讨会,鼓励居民积极进取终身学习的精神。

我们在帮助弱势群体和加强社区联系方面所取得的进展,要归功于所有的合作伙伴与我们肩并肩, 秉着共同目标携手改善和丰富居民的生活。 当我们齐心协力,建立一个具有爱心,包容和 有凝聚力的西南区时,让我们可以自豪地称之为 "我们的西南,我们的家"!

Saudara saudari sekalian

Kita telah menempuh perjalanan yang jauh sebagai sebuah negara dalam memerangi wabak Covid-19. Perjalanan di hadapan dipenuhi dengan ketidakpastian di peringkat global, kami yakin bahawa komuniti kita akan kekal teguh dan bersatu.

Dalam tahun kewangan 2022/2023, pada masa kami berdepan dengan pelbagai cabaran yang menguji kecekalan kita, CDC tetap setia dalam menjalankan misinya untuk **Menggabungkan** keperluan, **Membina** keupayaan, dan **Menghubungkan** komuniti bagi meningkatkan dan memenuhi keperluan yang semakin berkembang di kalangan penduduk kami.

Kami berterima kasih kepada lebih daripada 500 rakan korporat dan komuniti yang berkumpul bersama-sama untuk menyokong penduduk daerah Barat Daya semasa kita mengharungi masa-masa sukar. CDC menerima lebih daripada \$3 juta dalam sumbangan wang tunai serta bantuan lain, yang memaparkan peningkatan sebanyak 20% dari tahun sebelumnya. Dengan menggabungkan sumber kolektif daripada pelbagai pihak berkepentingan kami dan memadankannya dengan mereka yang memerlukan bantuan, CDC dapat berkhidmat dengan lebih berkesan untuk komuniti kami. Sebagai contoh, program My Schooling Needs @ South West telah menggunakan sumbangan tersebut untuk membantu kira-kira 600 pelajar muda membiayai perbelanjaan persekolahan mereka.

Untuk mengurangkan kesan kenaikan kos dan gangguan global, Skim Baucar CDC telah dipertingkatkan untuk menambahkan tahap sokongan bagi isi rumah Singapura dan mempergiatkan perniagaan tempatan dan pusat bandar kami. Sebagai tambahan, kami telah memperluaskan penggunaan baucar ke pasar raya yang turut serta selain daripada gerai penjaja dan kedai di pusat bandar, sekaligus menawarkan pilihan yang lebih luas dan kemudahan yang lebih baik.

Untuk membantu meningkatkan kemahiran dan prospek pekerjaan penduduk kami, CDC telah mengadakan pameran pekerjaan di daerah Barat Daya, menganjurkan Pesta SkillsFuture dan menjalankan bengkel SkillsFuture yang menggalakkan pembelajaran sepanjang hayat.

Perkembangan yang telah kami capai untuk meningkatkan kehidupan golongan miskin serta menjalin ikatan dan hubungan komuniti yang lebih kukuh adalah hasil daripada sokongan rakan-rakan sehaluan yang berkongsi matlamat bersama kami untuk meningkatkan dan memperkayakan kehidupan.

Apabila kita memanfaatkan kekuatan kolektif kita untuk membina sebuah Daerah Barat Daya yang prihatin, inklusif dan padu, kita boleh dengan bangga memanggilnya sebagai "Barat Daya Kita, Rumah Kita"!

அன்புள்ள நண்பர்களே

கோவிட்-19 தொற்றுநோயை எதிர்த்துப் போராடுவதில் ஒரு தேசமாக நாம் வெகுதூரம் வந்துவிட்டோம். முன்னோக்கிச் செல்லும் பாதை உலகளாவிய முன்னணியில் நிச்சயமற்ற தன்மையைக் கொண்டிருந்தாலும், நமது சமூகம் உறுதியுடனும் ஒற்றுமையுடனும் இருக்கும் என்று நாங்கள் நம்புகிறோம்.

FY2022/2023 இல், நம் திறமையை சோதித்த பல சவால்களுக்கு மத்தியில், CDC ஆனது தேவைகளை ஒருங்கிணைத்தல், திறன்களை உருவாக்குதல் மற்றும் நம் குடியிருப்பாளர்களின் வளர்ந்து வரும் தேவைகளை மேம்படுத்தி பூர்த்தி செய்வதற்கு சமூகங்களை இணைத்தல் ஆகிய எங்களின் பணியை நிறைவேற்றுவதில் உறுதியாக இருந்தது.

கடினமான காலங்களில் தென்மேற்கு வட்டாரத்தில் வசிப்பவர்களுக்கு ஆதரவாக திரண்ட 500க்கும் மேற்பட்ட பெருநிறுவன மற்றும் சமூகப் பங்காளிகளுக்கு நாங்கள் நன்றியை தெரிவிக்கிறோம். CDC ஆனது \$3 மில்லியனுக்கும் அதிகமான நன்கொடைகளை ரொக்கமாகவும் பொருளாகவும் பெற்றது, இது முந்தைய ஆண்டை விட 20% அதிகமாகும். எங்கள் வெவ்வேறு பங்குதாரர்களின் கூட்டு வளங்களைப் பயன்படுத்துவதன் மூலமும், தேவைப்படுபவர்களுடன் அவற்றைப் பொருத்துவதன் மூலமும், CDC ஆனது நமது சமூகத்திற்கு மேலும் பலவற்றைச் செய்ய முடிந்தது. எடுத்துக்காட்டாக, My Schooling Needs @ South West என்ற திட்டம், சுமார் 600 மாணவர்கள் தங்கள் சிறு குழந்தைகளின் பள்ளிக் கல்விச் செலவகளை ஈடுகட்ட உகவியாக இருந்தது

அதிகரித்து வரும் செலவுகள் மற்றும் உலகளாவிய இடையூறுகளின் தாக்கத்தை குறைக்க, CDC பற்றுசீட்டுகள் திட்டம் சிங்கப்பூர் குடும்பங்களுக்கான ஆதரவின் அளவை அதிகரிக்கவும் நமது உள்ளூர் மற்றும் குடியிருப்பு வட்டார வணிகங்களை மேம்படுத்தவும் மேம்படுத்தப்பட்டது. மேலும், உணவங்காடி கடைகள் மற்றும் குடியிருப்பு வட்டார கடைகளுக்கு மேலதிகமாக பங்கேற்கும் பல்பொருள் அங்காடிகளுக்கு பற்றுசீட்டுகளின் பயன்பாட்டை விரிவுபடுத்தினோம், பரந்த விருப்பங்கள் மற்றும் அதிக வசதியை வழங்குகிறோம்.

எங்கள் குடியிருப்பாளர்களின் திறன்கள் மற்றும் வேலை வாய்ப்புகளை மேம்படுத்த உதவுவதற்காக, CDC தென் மேற்கு வட்டாரத்தில் வேலை கண்காட்சிகளை நடத்தியது, SkillsFuture Festival ஐ ஏற்பாடு செய்தது மற்றும் SkillsFuture பட்டறைகளை நடத்தியது, இது வாழ்நாள் முழுவதும் கற்றலை ஊக்குவிக்கிறது.

தேவைப்படுபவர்களை மேம்படுத்துவதற்கும், வலுவான சமூகப் பிணைப்புகள் மற்றும் இணைப்புகளை உருவாக்குவதற்கும் நாங்கள் செய்த முன்னேற்றம், வாழ்க்கையை மேம்படுத்துதல் மற்றும் வளப்படுத்துதல் போன்ற எங்கள் பொதுவான இலக்குகளைப் பகிர்ந்து கொள்ளும் ஒத்த எண்ணம் கொண்ட கூட்டாளிகளின் ஆதரவின் காரணமாகும்.

அக்கறையுள்ள, உள்ளடக்கிய மற்றும் ஒருங்கிணைந்த தென்மேற்கு வட்டாரத்தை உருவாக்க நம் கூட்டுப் பலத்தைப் பயன்படுத்தும்போது, "நமது தென்மேற்கு, நமது வீடு" என்று பெருமையுடன் அழைக்கலாம்!

Close to 30,000 residents benefitted from 24 local assistance schemes and programmes

community interest groups with more than **28,000** members

3,000 the community through partnerships with more than 510 corporate and community partners



programmes reaching over 100,000



Over 100 pro-bono lawyers served more than

230

residents at Community Legal Clinic @ South West

More than 2,100
SMEs are assisted through one-to-one Business Advisory and Capability Workshops by SME Centre@SouthWest



JOIN US

& be part of the

South West Community



More than **270** SkillsFuture Advice

workshops were conducted for 19,000 participants

ground-up initiatives initiated by volunteers

SOUTH WEST COMMUNITY DEVELOPMENT COUNCIL

The JTC Summit 8 Jurong Town Hall Road #26-06 Singapore 609434

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To view the report online, please scan the QR code below:



Mdm Susan Lim, a 40-year-old mother of one, often struggles to finance her child's education. My Schooling Needs @ South West came to her aid at the perfect time when her daughter was about to enter primary school by providing all the essential school supplies needed for a seamless, positive school experience.

"The book vouchers have been very helpful as I can use them to buy enrichment materials and schooling items for my daughter so she can be better prepared for school. It also helped offset my monthly household expenses," Mdm Lim said.

South West CDC has been aggregating resources and strengthening partnerships to uplift the lives of the community in tangible ways. Rallying the support from partners, this programme has benefited more than 2,500 Kindergarten 2 (K2) children from low-income families since 2017. In FY2022/2023, close to 600 children received school bags containing schooling essentials such as stationery, as well as bookstore vouchers sponsored by Siltronic Singapore (SSG). These bags were also specially packed by staff of Siltronic.









The CDC Vouchers Scheme is another example of how the CDC played the role of aggregator and brought together various partners, individuals, merchants and government agencies to enable Singaporean Households to spend their digital vouchers at participating hawkers, heartland merchants and supermarkets. With the help of digital ambassadors and volunteers, merchants and residents who were initially unfamiliar with digital vouchers overcame their fear of technology and became more receptive to the scheme.

Mr Addam Al-Maleq, owner of Big Boy Franks a local eatery serving an impressive variety of halal Western food — saw first-hand the tangible impact of the nation-wide community initiative and shares, "Our customers are using the CDC Vouchers almost weekly. I believe the vouchers have allowed our customers to spend more and enabled us to increase our sales revenue compared to the early stages of the pandemic. That has been a great support for our business."



As one who has always favoured environmentally-friendly approaches and initiatives, Ms Linda Liang was eager to participate in the Green Trails @ South West initiative which was newly launched at Clean Up @ South West, the South West District's annual recycling programme. As part of this programme, close to 40 collection points for residents were set up to reduce waste by recycling in conjunction with the residents' spring cleaning in end FY2022/2023. A total of 986,000 kg of recyclables were collected over the past 17 years, which is equivalent to two Olympic size swimming pools and helped save more than 16,600 trees.

The new initiative launched in partnership with Michelman Asia Pacific, Grassroots Organisations, NTU Earthlink and National Parks Board, featured four community gardens as checkpoints and encourages residents to walk for health and for a good cause. For every trail a resident completes, Michelman Asia Pacific will contribute \$25 worth of grocery packs to support 1,000 vulnerable families with a sponsorship of \$25,000. "We had a great time on the trail, staying healthy while doing good for the community," Ms Liang said of her experience.







Fun Walkers @ South West was designed to promote active ageing and healthy lifestyles among residents. Open to all residents, activities include regular walking sessions, unique nature trails and community events that can foster stronger family and community bonding.

Chua Chu Kang Zone 3 RC was one of the committees commended with the Most Active Fun Walker (GOLD) Award for their significant efforts in the past year. As Chairman of Zone 3 RC, 64-year-old Mr Nagappan Garunaharan actively organises

Fun Walker sessions to reach out to hard-to-reach residents like the PMETs and youths. "I enjoyed meeting up with neighbours for the monthly walks and often encourages them to keep up a brisk pace during the sessions because it helps me stay connected with my peers," Mr Nagappan enjoys being part of the Fun Walkers group as it helps to foster a sense of camaraderie and friendship among his neighbours. During the year, over 150 activities were organised as part of Fun Walkers @ South West, reaching out to more than 600 residents.





2023 marks the fourth year that Procter & Gamble (P&G) Singapore is partnering the South West CDC for Festive Cheers @ South West. As part of the annual programme, festive packs by P&G Singapore comprising household and personal hygiene items such as toothbrush, shampoo and conditioner were distributed to 8,000 households in the South West District.

Mr Aalok Agrawal, Senior Vice-President for P&G Health, Asia Pacific, Middle East and Africa, asserts, "P&G is proud to be a part of Festive Cheers @ South West as a continuation of our longstanding partnership with South West CDC. This is our fourth consecutive year of participation, and it brings us great joy to spread the holiday cheer with beneficiaries and be able to ensure that no one is left behind during the festive season."

This year's programme was made more meaningful with the involvement of volunteers from Movement for the Intellectually Disabled of Singapore (MINDS), who helped to pack and distribute the festive cheers packs.









job-seekers with consultations and information about



In partnership with goodjobs, The Social Equity and key partners such as e2i (employment and employability institute), a series of South West Community Job Fairs were roved to various divisions in the South West District to bring employment opportunities to the community. Connecting jobseekers to a wider scope of employment opportunities, these job fairs empowered residents with the knowledge and confidence to navigate the current tight labour market.

Self-help group MENDAKI was invited to focus on the development and empowerment of the Malay community in particular, by highlighting their various initiatives and social assistance. "We interviewed the applicants to assess their needs and referred them to various social service agencies or e2i. We also provided subsidised tuition for the Malay community," Madam Hanim Rawi, Executive Officer at MENDAKI, reports.

Knowing my district

TAKE THIS QUIZ TO FIND OUT HOW MUCH YOU KNOW AND STAND A CHANCE TO BRING HOME THE SOUTH WEST CDC TEDDY BEAR!

	What was the theme of the South West District Meeting and Partners Appreciation 2023? A: What is South West CDC's mission?							
2. 3.								
								A:
	What innovative solution did the winning team of the Young Technopreneur Challenge 2023 come up with?							
	A:							
	μ.	ame the theme of SkillsFuture Festival @ South West 2023.						
5.	Which three umbrellas do Ms Rachel Ong and her team focus on when organising initiatives in Telok Blangah?							

Complete the quiz and Sudoku puzzle, take a picture of the page and upload to:



https://go.gov.sg/swcdcbridge

Or

Send your entries to us at: **South West CDC**, **Jurong Town Hall Road**,#26-06, **Singapore 609434**.

If your entry is selected, you will win a South West CDC teddy bear! **DEADLINE:** 31 March 2024

__ Email:



Name:
Age:
Address:

SUDOKU FUN

HOW TO PLAY

Enter numbers from 1 to 9 in the blank spaces. Every row and every column must contain only one of each number. This also applies to every 3x3 square. Have fun!

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