



Ref No: PCPS 2023/214b

16 November 2023

Dear Parents/ Guardians,

P3 SWIMSAFER 2.0 PROGRAMME 2024 (3J, 3O and 3P)

1. The school will be conducting the SwimSafer 2.0 Programme for P3 students in 2024. It is an opt-in programme. The objective of this programme is to develop students in important life skills such as water confidence and water safety.
2. The SwimSafer Programme consists of six progressive stages that are conducted by qualified swimming instructors. Survival and activity skills will be taught at each stage of the programme. For more information on the programme, you may refer to <https://www.activesgcircle.gov.sg/academies-clubs/initiatives/swimsafer>.
3. The details of the programme are as follows:

Venue	Our Tampines Hub Swimming Complex
Time	12.00 p.m. – 3.20 p.m.
Day	Thursday
Class	3 Jade, 3 Opal, 3 Pearl
Dates	<ul style="list-style-type: none">• Session 1: 11 January 2024• Session 2: 18 January 2024• Session 3: 25 January 2024• Session 4: 1 February 2024• Session 5: 8 February 2024• Session 6: 22 February 2024• Session 7: 29 February 2024• Session 8: 7 March 2024

4. Teachers will accompany their respective classes to the swimming complex.
 - a. Students will be given time to change and get ready from 12.00 p.m. to 12.30 p.m. before boarding a bus to the swimming complex for their swimming lessons.
 - b. After the swimming lesson, students will board a bus back and be dismissed from school at about 3.20 p.m.
 - c. Please make the necessary transport arrangement for your child/ward if he/ she is participating in the programme.
5. The programme fee is fully funded by the school.

6. Students will change into their swimming trunks/ costumes, and wear their school P.E. attire over it before boarding the bus to the swimming complex. After the swimming lesson, students will have a quick rinse and change back into their P.E. attire at the swimming pool.
7. **Please help to ensure that your child/ ward packs the following items in a small bag for every swimming lesson. You may like to label your child's/ ward's belongings with his/ her name and class using a permanent marker.**
 - a. Swimming trunks/costume
 - b. Goggles
 - c. Towel
 - d. Water bottle
 - e. Raincoat/poncho
 - f. Inhaler (for students with asthma)
 - g. Sunblock lotion/cream
 - h. Slippers
 - i. A plastic bag (to contain the wet items after the swimming lesson)
8. For the safety of every student, we seek your partnership in reinforcing the following safety precautions with your child/ ward:
 - a. Students should wear proper swimming trunks/costumes.
 - b. Listen and follow instructions from swimming instructors and teachers.
 - c. No student should leave the pool without permission.
 - d. Running alongside the pool deck is not allowed.
 - e. Pushing friends into the pool is not allowed.
 - f. Students are not allowed in the water until permission is granted by the swimming instructors.
 - g. Students should not swim if they have any foot or skin infection.
 - h. Students should not swim if they are unwell.
9. For the school to make the necessary arrangements, we would appreciate it if you could indicate your consent via Parents Gateway or return the attached Reply Form duly completed to your child's/ ward's Form Teacher **by Tuesday, 21 November 2023**.
10. Should you have any queries, feel free to contact Mdm Lynn Lee, our SwimSafer Teacher Coordinator, at Tel: 63857339 or via email at lynn_lee_wen_lin@schools.gov.sg.

Thank you.

Yours sincerely,



Mrs Teo Whye Choo
Principal



Name of Student : _____ ()

Class : P3 _____

REPLY FORM**Our Ref: PCPS 2023/214b**

Activity: P3 SwimSafer 2024 (JOP)

Staff I/C: Mdm Lynn Lee*(Please return this reply form to the Form Teacher **by Tuesday, 21 November 2023.**)**Note: You need not fill in the form if you have submitted your response via Parents Gateway.*

- I have received your notice dated 16 November 2023 and noted the contents.

- I have indicated my responses below. *(Please tick the appropriate box.)*

☐ I **allow** my child/ ward to participate in the P3 SwimSafer 2.0 Programme.☐ I **do not allow** my child/ ward to participate in the P3 SwimSafer 2.0 Programme.(A) Please state your child's/ ward's **Medical Condition**, if any:

- ☐ My child/ ward has no medical condition and is fit to participate.
- ☐ My child/ ward has a medical condition, but she is fit to participate.
- ☐ My child/ ward is exempted due to medical reasons.

(B) Please indicate your child's/ ward's **Dismissal Point** below:

- ☐ Gate B (Side Gate)
- ☐ Gate E (Towards LRT)
- ☐ Outside General Office (For Vehicle Pick-up)
- ☐ School-based Student Care Centre
- ☐ Go back on his/her own

Name of Parent / Guardian*		Signature	
Contact of Parent / Guardian*		Date	

* Please delete where applicable.